

# TRASH Mashing HANDBOOK

LEARN HOW-TO  
UP-CYCLE TRASH  
INTO ART!

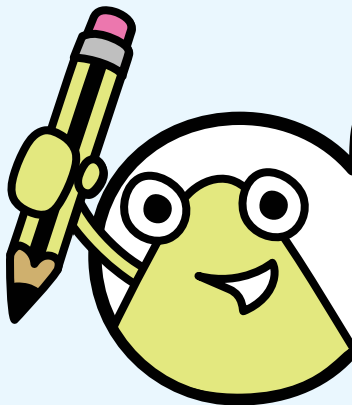
**THREE  
CREATIVE  
PROJECTS**

USING BASIC TOOLS AND  
CLEAN TRASH MATERIALS.  
WITH EASY FOLLOW  
INSTRUCTIONS!

WRITTEN & ILLUSTRATED BY MATT JONES



# TRASH Mashing HANDBOOK

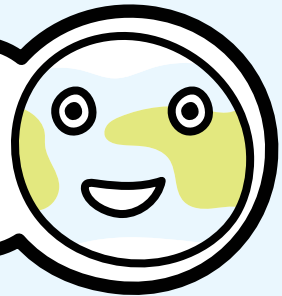


## INTRODUCTION

- PROJECTS / BADGE
- HOW TO TRASH MASH
- TOOLS + MATERIALS

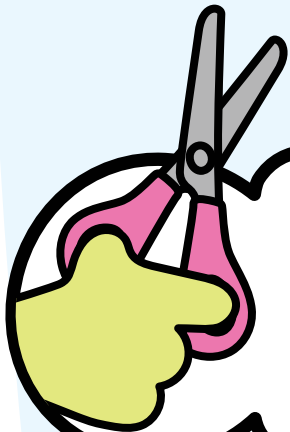
## ENVIRONMENT

- UPCYCLING
- TRASH IDEAS



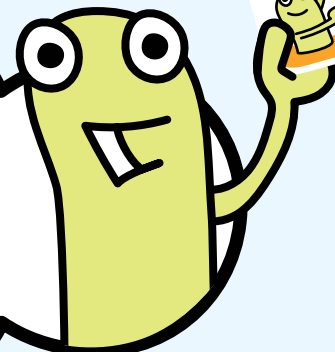
## SKILLS AND TIPS

- STICKERS
- SCISSORS
- PAINTING



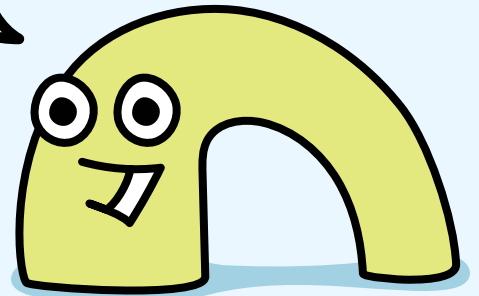
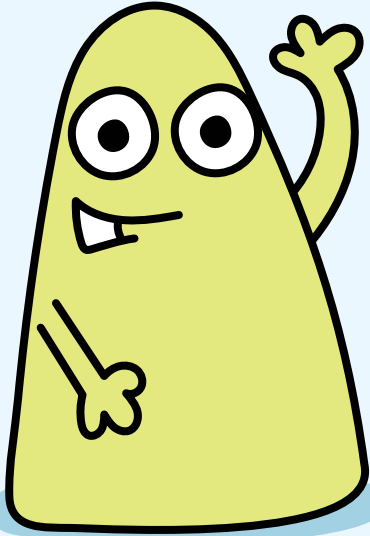
## PROJECTS

- SILLY TUBES
- RACIN' CAR
- SKATEBOARD
- TRASHLINGS!



WELCOME TO THE WONDERFUL  
WORLD OF TRASH MASHING.

TRASH-MASHING USES EVERYDAY  
DISPOSABLE PACKAGING AS BUILDING  
MATERIALS TO MAKE NEW THINGS  
TO PLAY WITH AND DISPLAY!



WITH PLENTY OF...

STICKERS

CONSTRUCTION

PLAY

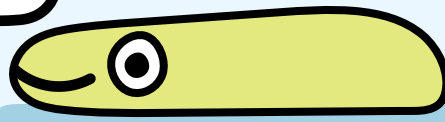
UPCYCLING

NEW SKILLS



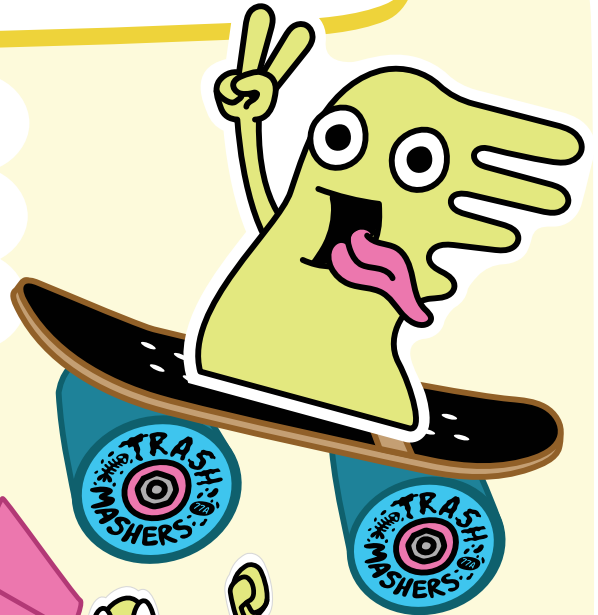
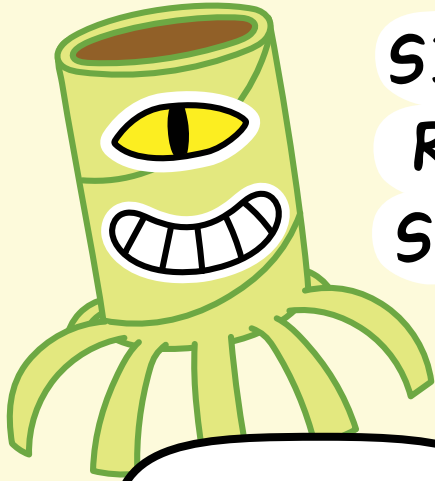
THAT'S...  
**TRASH MASHING!**

OH YEAH!

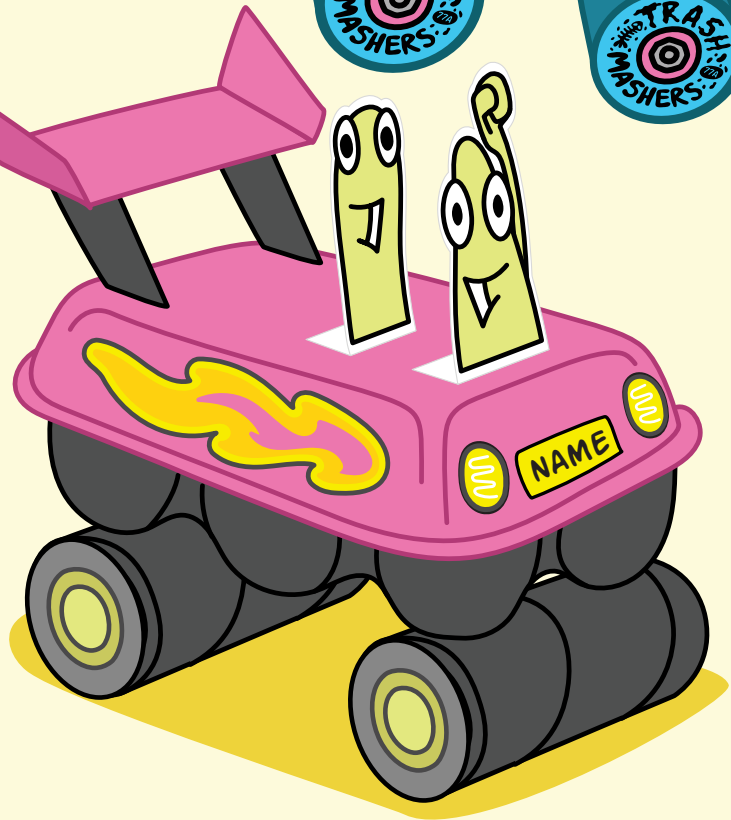
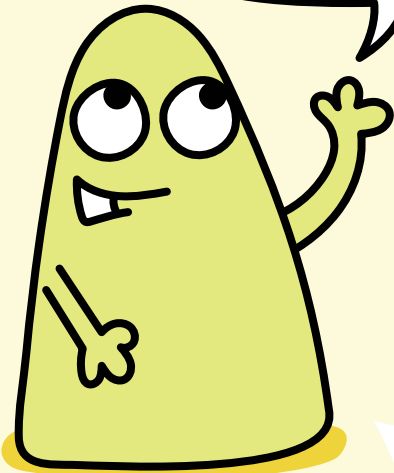


# PROJECTS

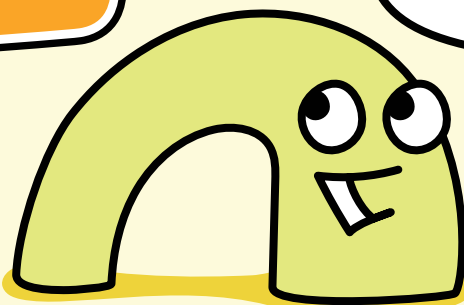
SILLY TUBES  
RACIN' CAR  
SKATEBOARD



CHOOSE FROM  
THREE FUN  
PROJECTS



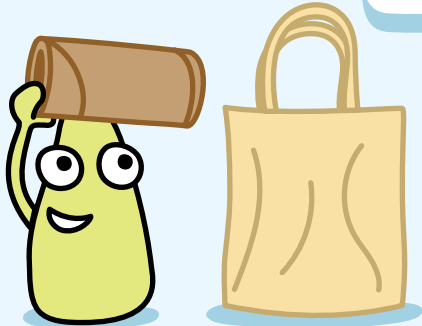
CUT OUT AND WEAR  
A TRASH MASHERS  
HELLO BADGE!



# TRASH MASHING

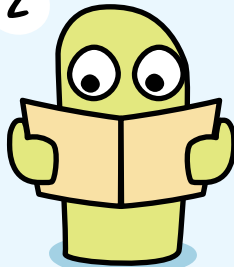
HERE'S HOW!

1



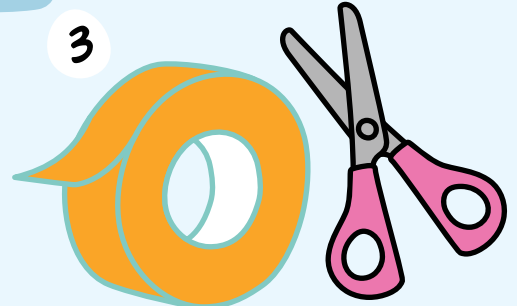
COLLECT  
CLEAN TRASH

2



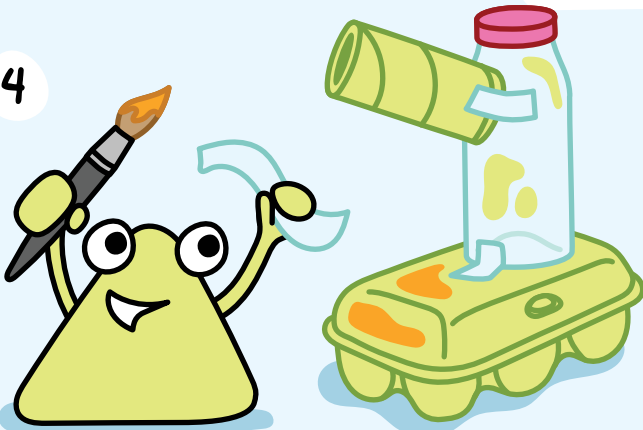
CHOOSE A  
PROJECT

3



COLLECT YOUR TOOLS

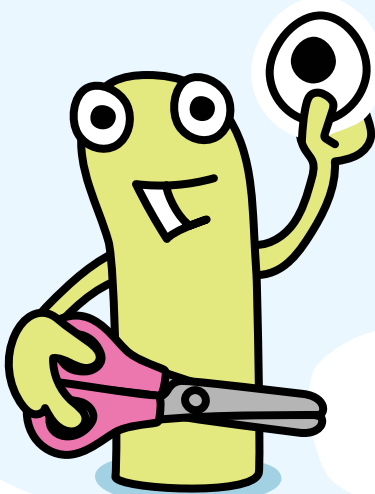
4



CREATE, MAKE AND PAINT

5

ADD LOADS OF COOL STICKERS:  
COLOUR THEM IN, CUT THEM OUT  
AND STICK THEM ON!



THAT'S  
TRASH MASHING!

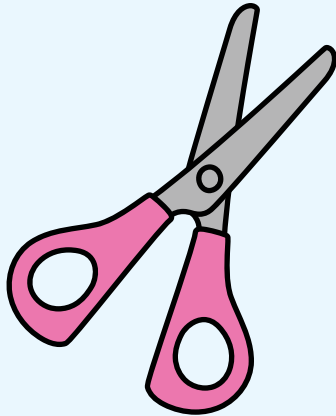
4

# TOOLS AND MATERIALS

WHAT YOU NEED



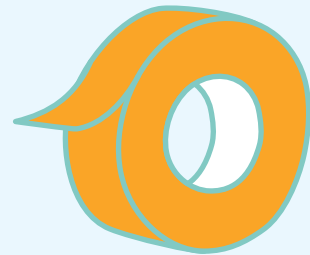
MATERIALS BAG



SCISSORS

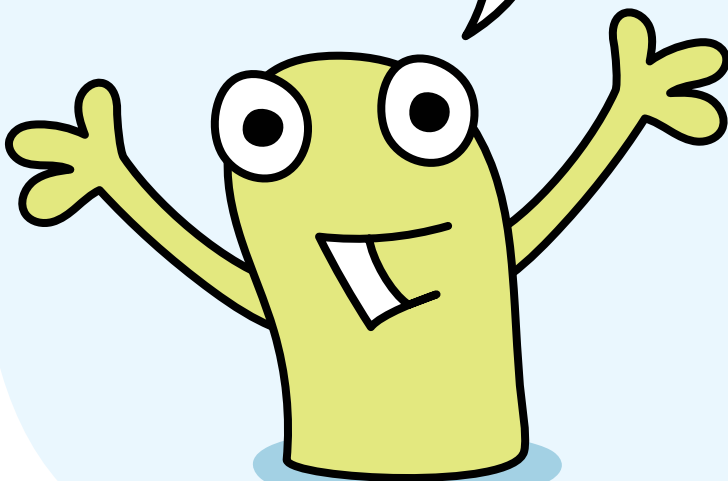


ART SUPPLIES



DOUBLE-SIDED TAPE

COLLECT THIS LOT!



GLUE STICK

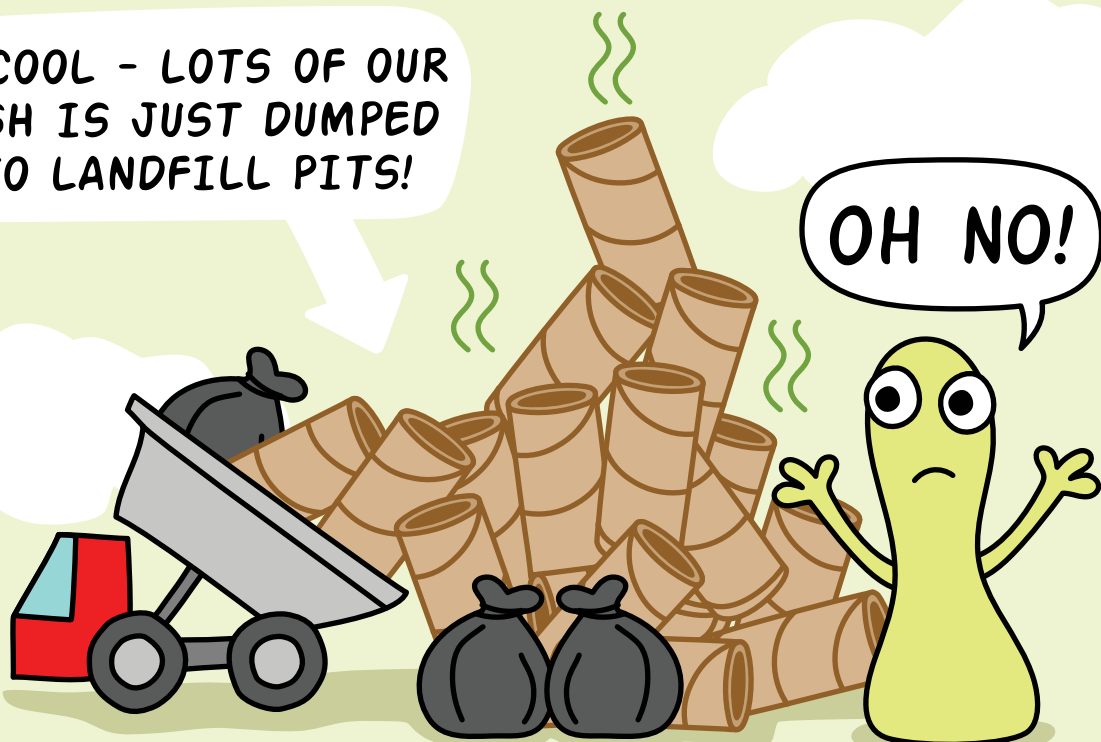


# UPCYCLING

GOOD IDEAS LIKE UPCYCLING  
AND REUTILISING OUR TRASH  
CAN HELP SAVE THE WORLD!

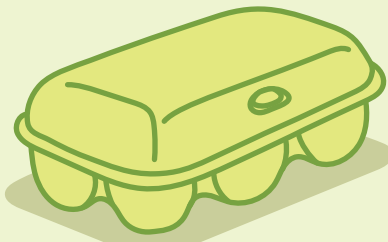
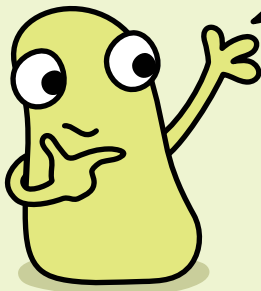


NOT COOL - LOTS OF OUR  
TRASH IS JUST DUMPED  
INTO LANDFILL PITS!



# TRASH IDEAS

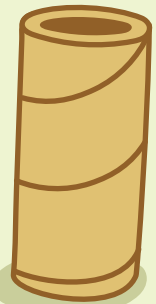
HOW CAN WE USE THESE  
CLEAN WASTE MATERIALS  
FOR TRASH MASHING?  
THAT'S A GOOD QUESTION.



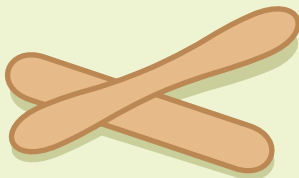
EGG CARTON



BOTTLES



CARD TUBES



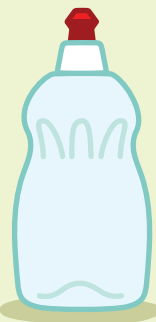
ICE CREAM STICKS



CEREAL BOXES



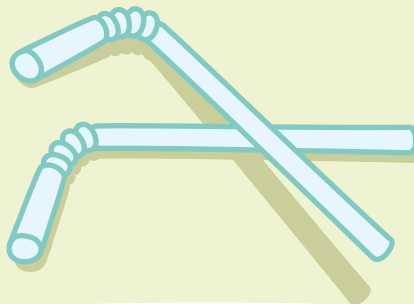
PAPER CUPS



WASHING-UP  
LIQUID BOTTLE



PLASTIC CAPS



DRINKING STRAWS



YOGHURT POTS



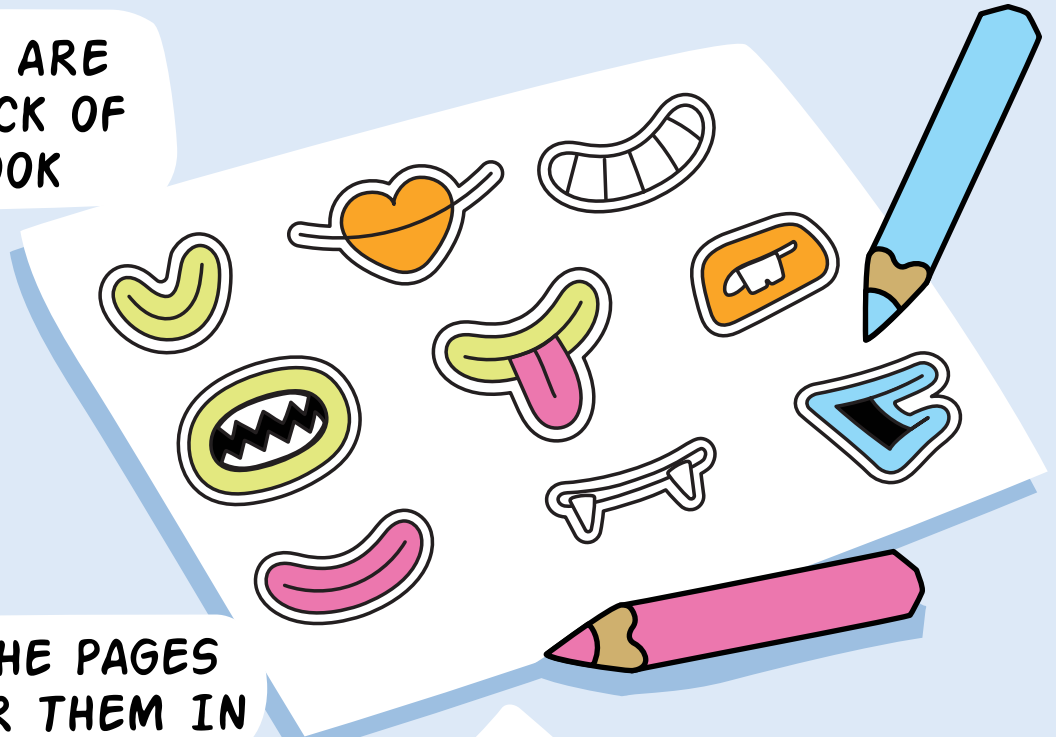
DRINK CANS

LOTS OF THINGS THAT WE THROW AWAY  
CAN BE MADE INTO SOMETHING ELSE!

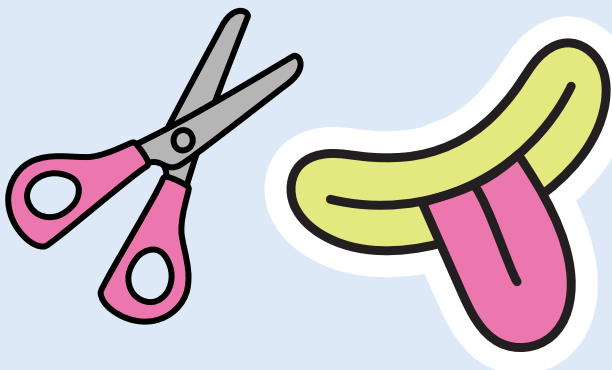


# STICKERS

1 STICKERS ARE AT THE BACK OF THIS BOOK

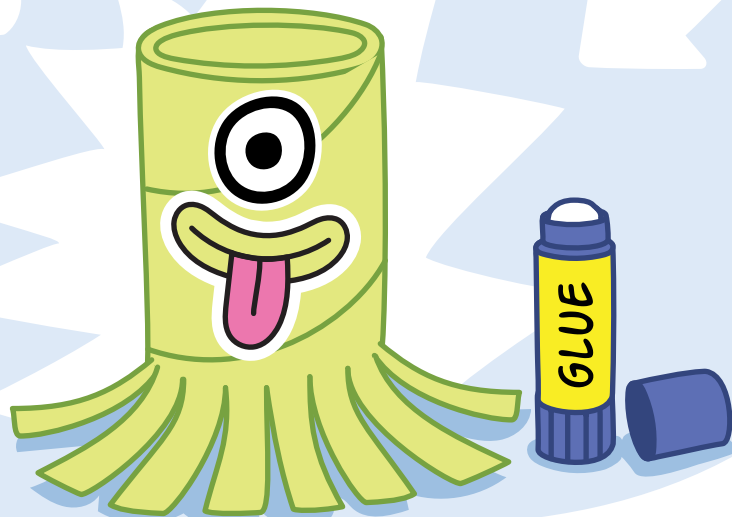


2 REMOVE THE PAGES AND COLOUR THEM IN



3 CUT THEM OUT

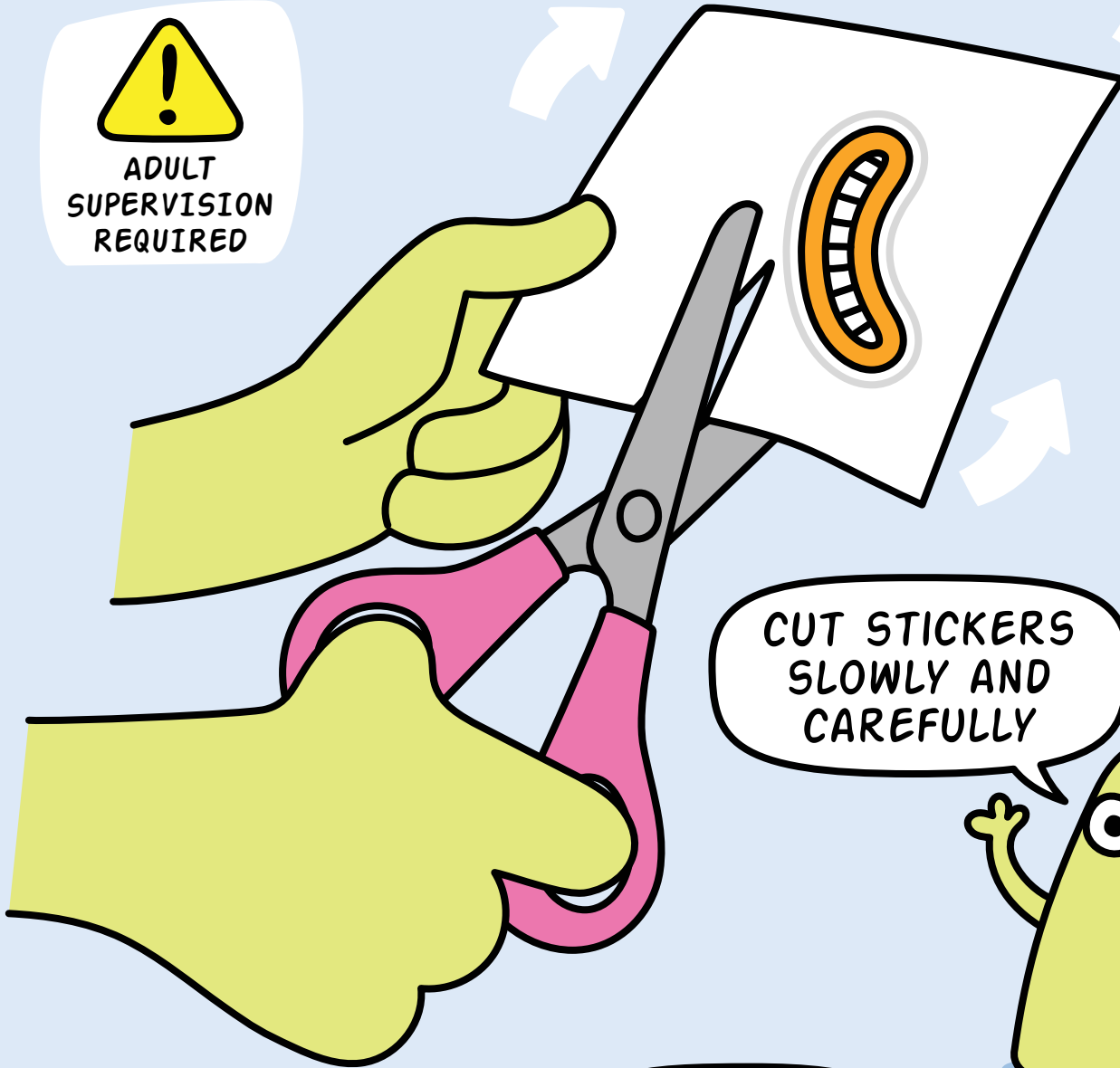
4 STICK THEM ON!



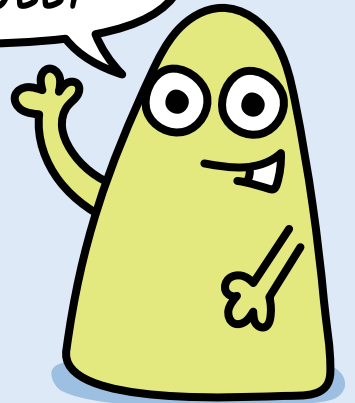
# SCISSORS



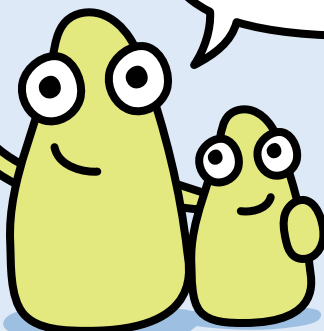
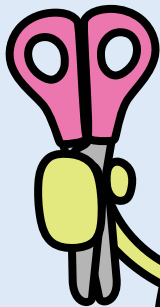
ADULT  
SUPERVISION  
REQUIRED



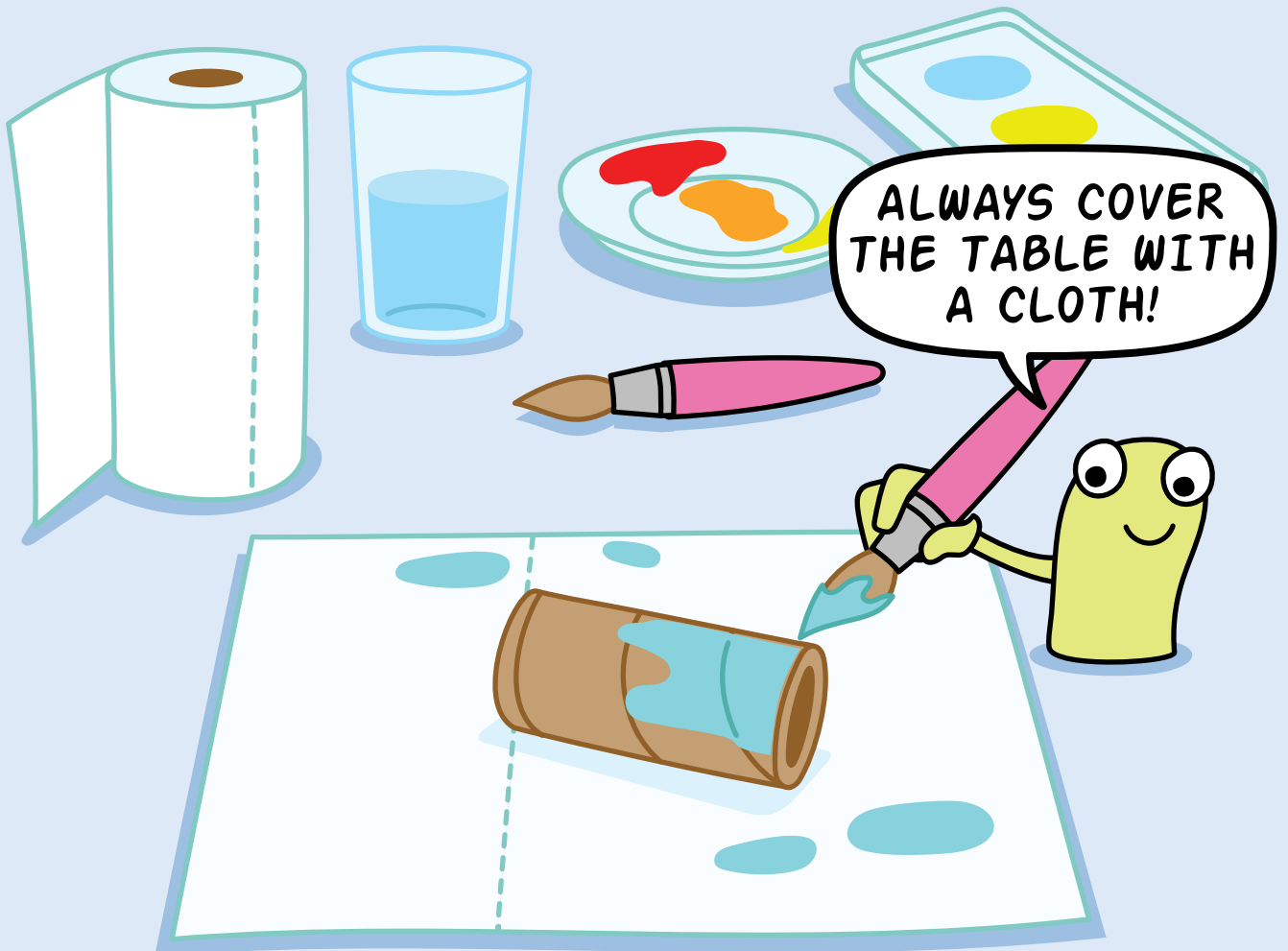
CUT STICKERS  
SLOWLY AND  
CAREFULLY



SAFE!

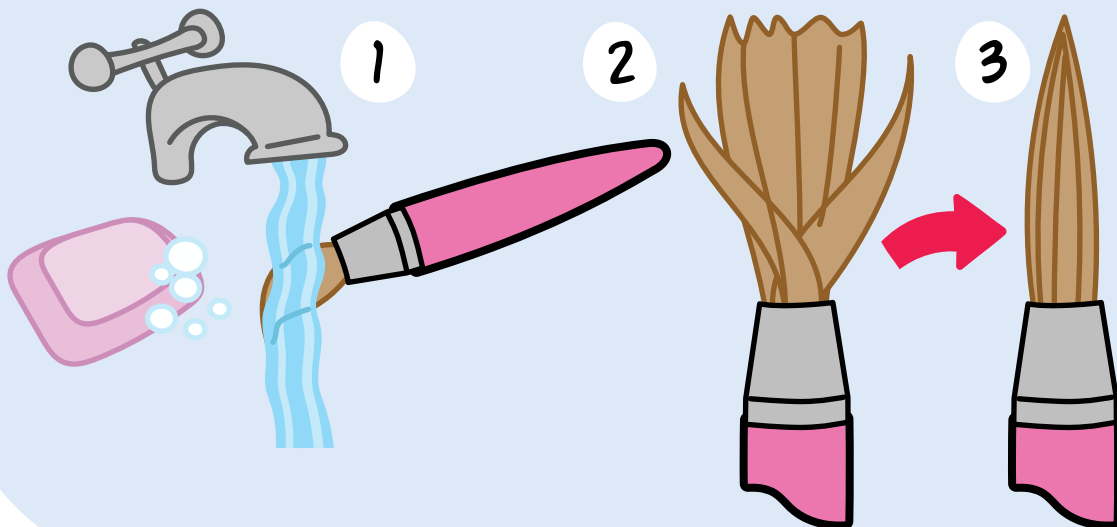


# PAINTING



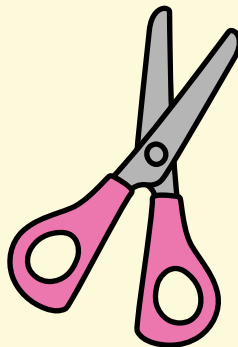
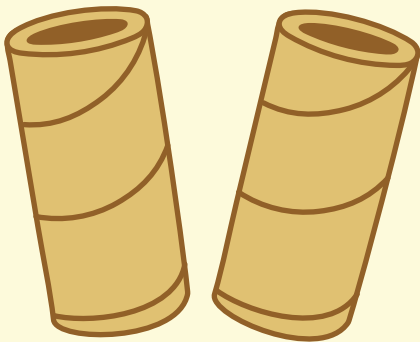
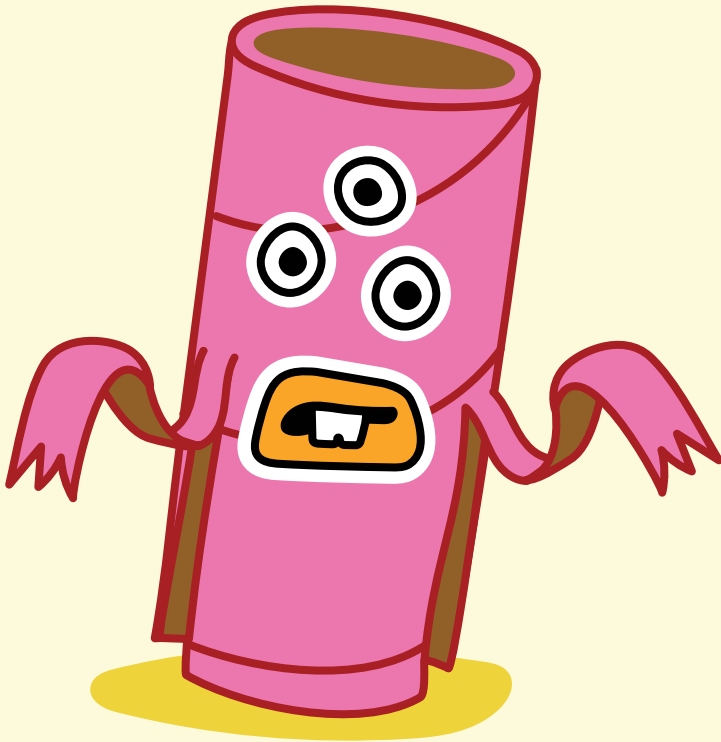
ALWAYS COVER THE TABLE WITH A CLOTH!

ALWAYS CLEAN YOUR BRUSHES AND RESHAPE THE BRISTLES

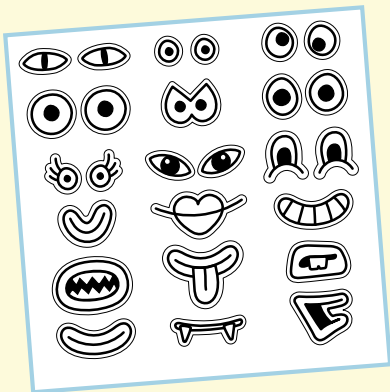


# SILLY TUBES

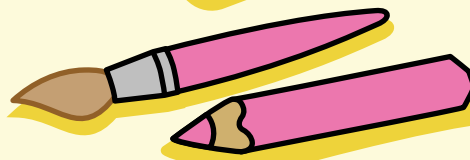
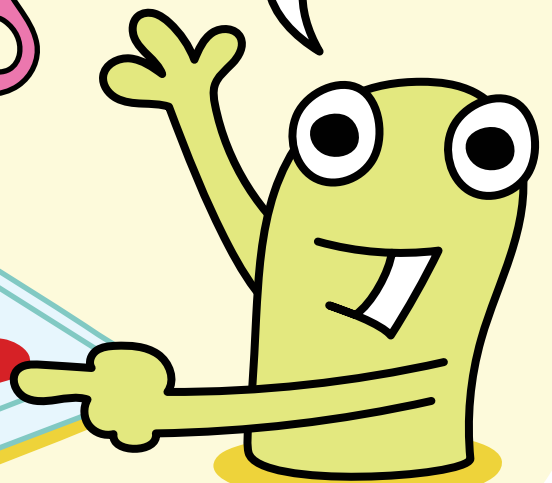
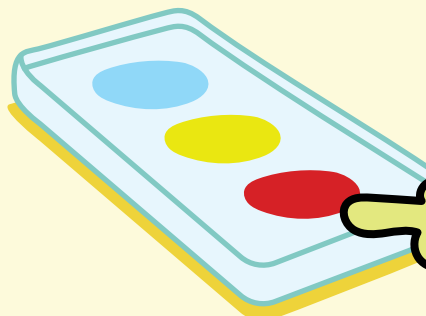
PROJECT 001



HERE'S WHAT YOU'RE GONNA NEED!



SILLY TUBES STICKER SET



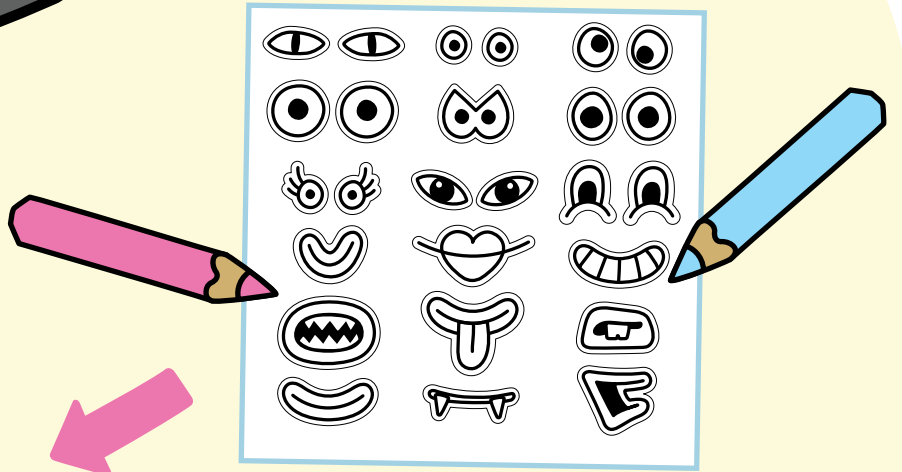
1

PAINT THE TUBES



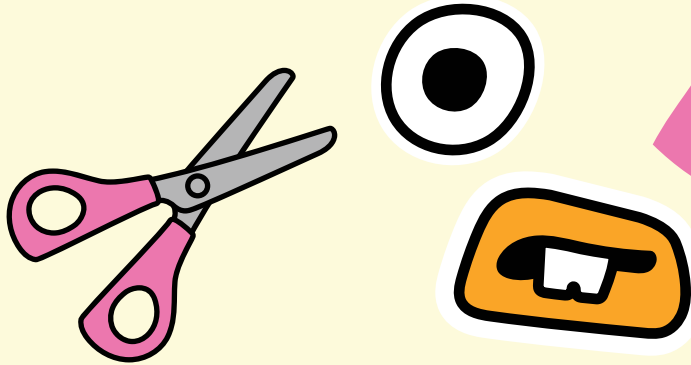
2

COLOUR IN THE STICKERS



3

CUT OUT THE STICKERS



4

STICK THEM ON WHERE YOU LIKE!



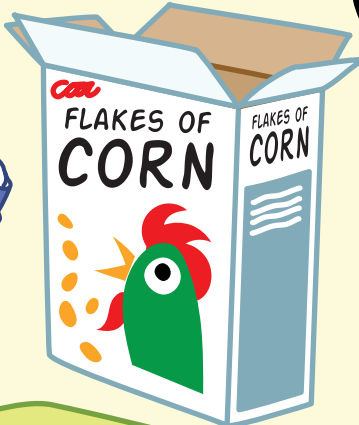
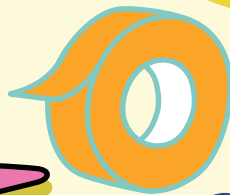
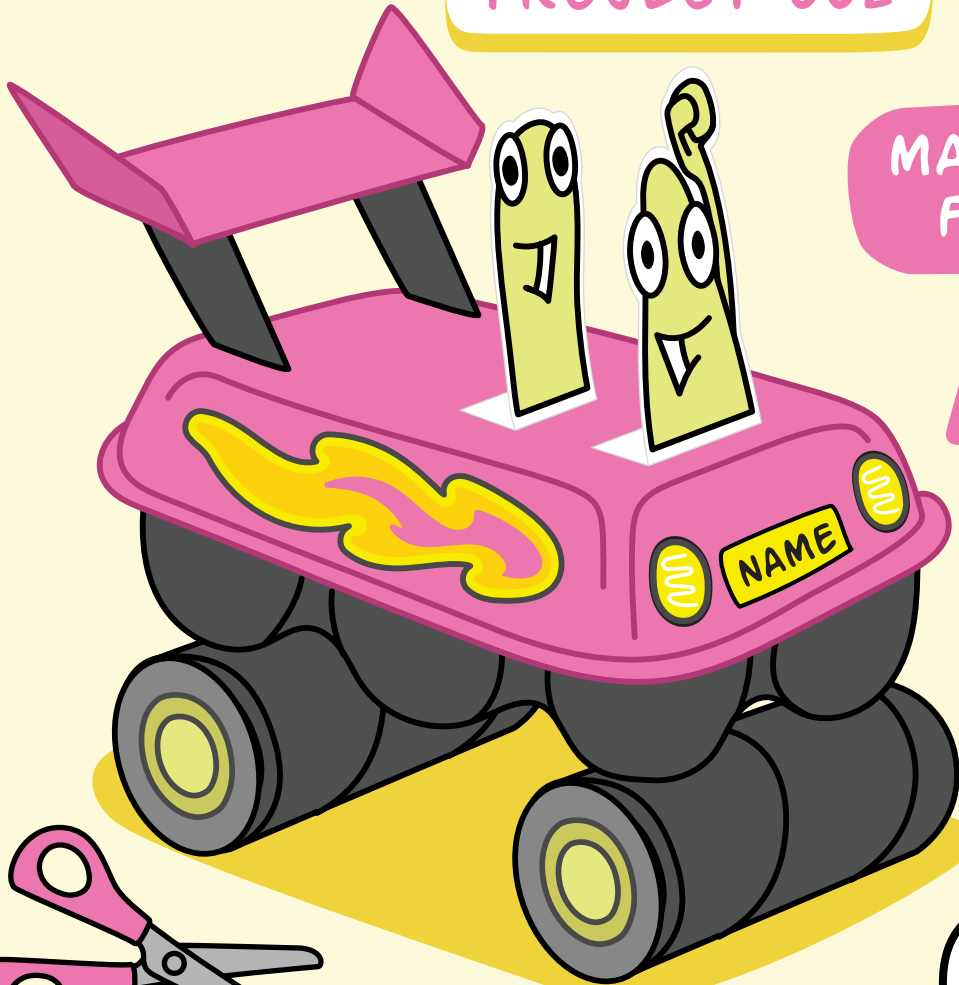
MAKE A TRASH MASHING GANG OF SILLY TUBES AND GIVE THEM NAMES



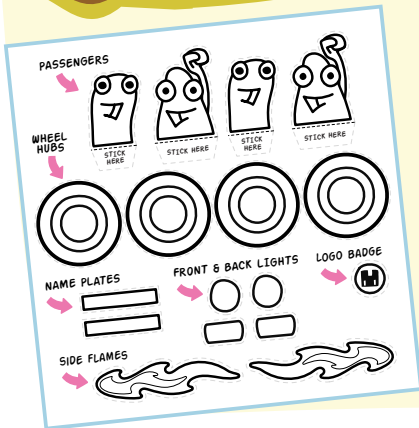
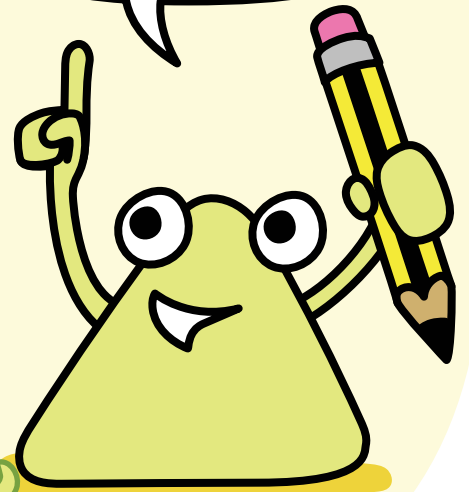
# RACIN' CARS

PROJECT 002

MAKE UP A NAME FOR THE CAR!



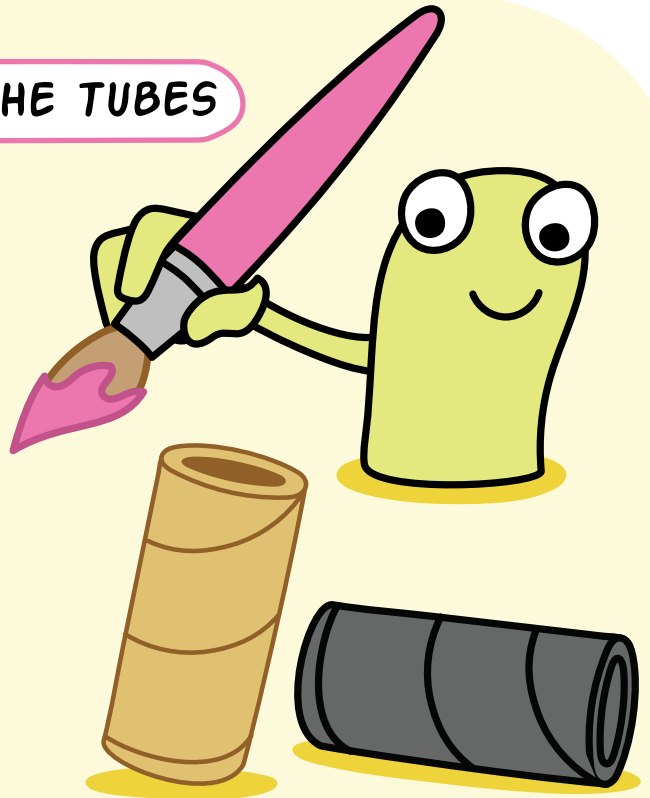
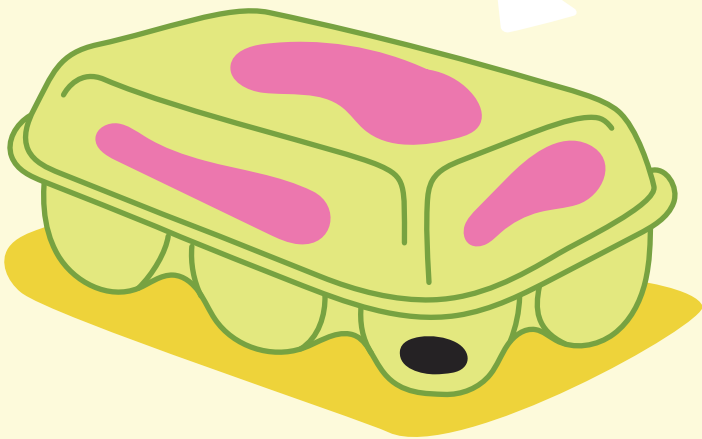
HERE'S WHAT YOU'RE GONNA NEED!



RACIN' CAR STICKER SET

**1 PAINT THE EGG BOX AND THE TUBES**

PAINTE THE EGG BOX CAR  
ANY COLOUR YOU LIKE!



PAINT THE TUBES BLACK  
LIKE CAR TYRES!

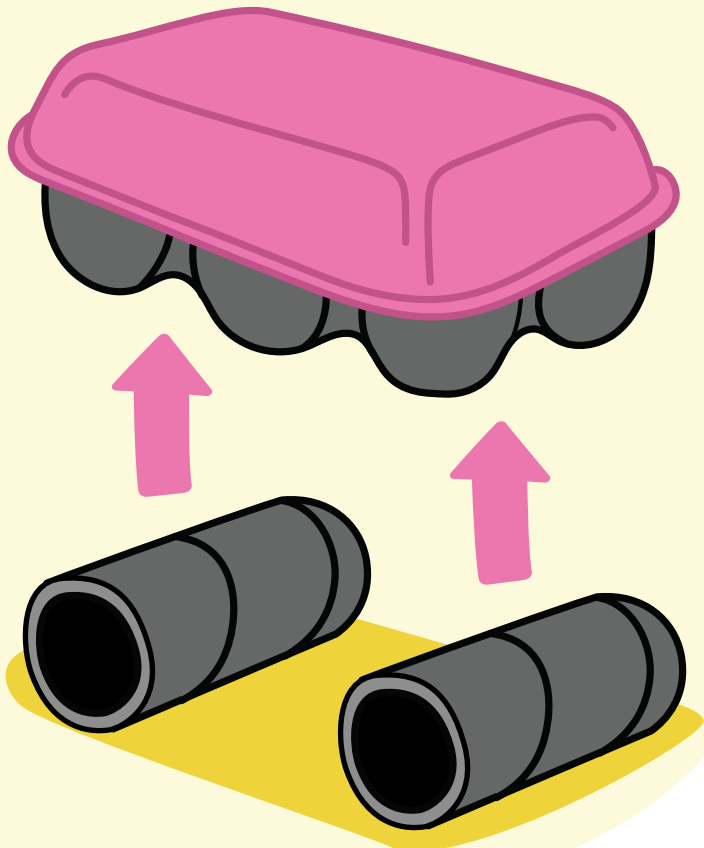
TIP: LEAVE EVERYTHING  
TO DRY BEFORE CONTINUING

**2 STICK THE TUBE WHEELS ONTO THE EGG BOX CAR**

USE GLUE OR  
DOUBLE-SIDED TAPE

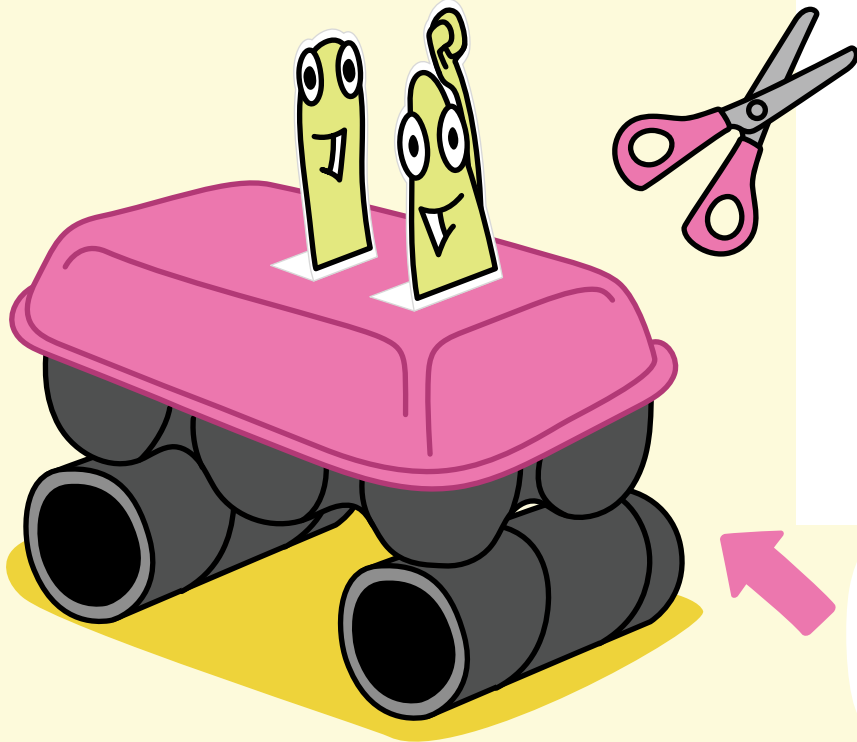


TIP: DOUBLE-SIDED  
TAPE IS EASIER!

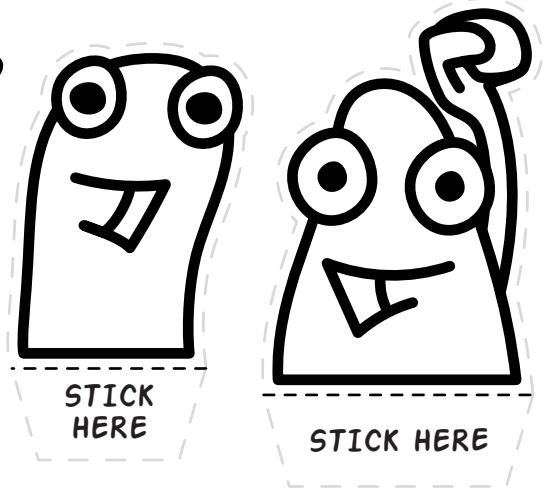


### 3 ADD THE TWO PASSENGERS

THERE ARE TWO PASSENGERS FOR THE CAR! YOU CAN ADD MORE IF YOU LIKE.



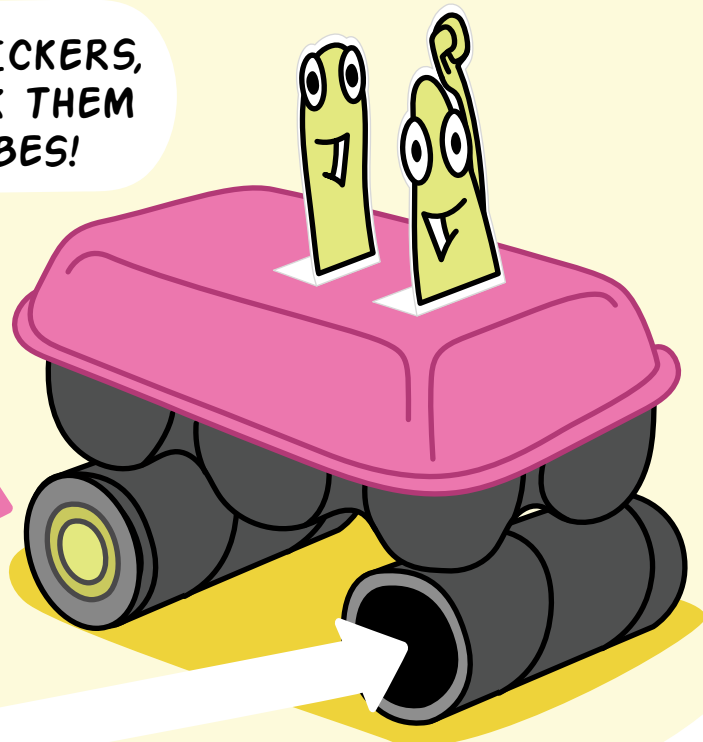
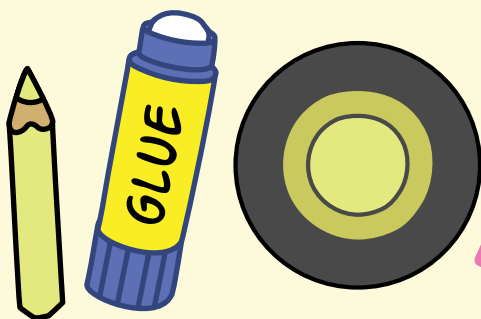
#### RACIN' CARS PASSENGER STICKERS



COLOUR IN + CUT OUT,  
FOLD THE BOTTOM BASE  
OVER AND STICK THEM  
TO THE EGG BOX CAR!

### 4 STICKING ON THE FOUR WHEEL HUB STICKERS

CUT OUT THE WHEEL HUB STICKERS,  
COLOUR THEM IN AND STICK THEM  
TO THE SIDES OF THE TUBES!



TIP: STUFF TISSUE PAPER INSIDE  
THE TUBES TO GIVE THE WHEEL  
HUB STICKERS SOMETHING TO  
STICK TO.

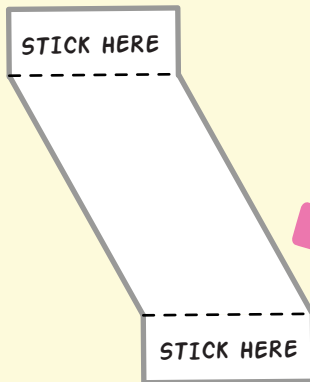


## 5 ADD THE SPOILER!

DRAW YOUR SPOILER ONTO CEREAL BOX-STYLE CARDBOARD. FOLLOW THESE GUIDE TEMPLATES.

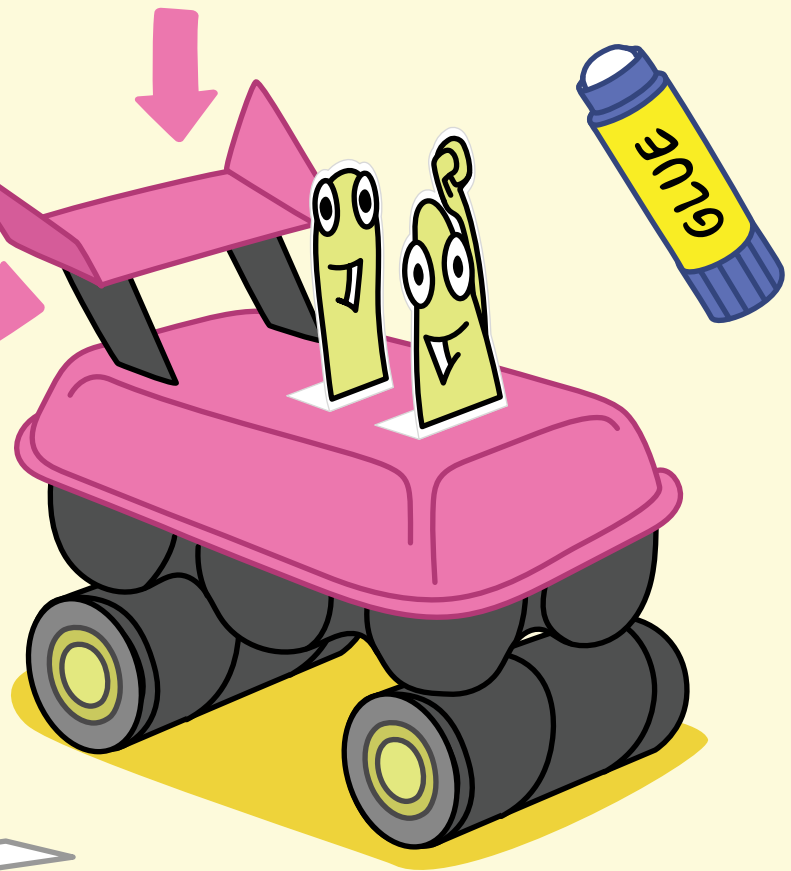
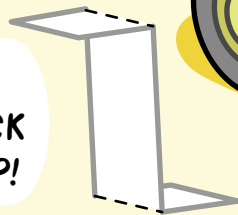
THE SPOILER IS THE BACK BIT OF THE RACIN' CAR!

THIS IS THE SHAPE OF THE SPOILER



TWO STRUTS HOLDING THE SPOILER IN PLACE!

FOLD BOTH STRUTS LIKE THIS AND STICK THE SPOILER ON TOP!



## 6 FINISHING TOUCHES!

NAME PLATES



WRITE THE NAME OF THE CAR ON THESE!

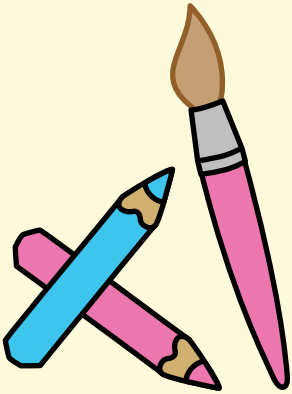
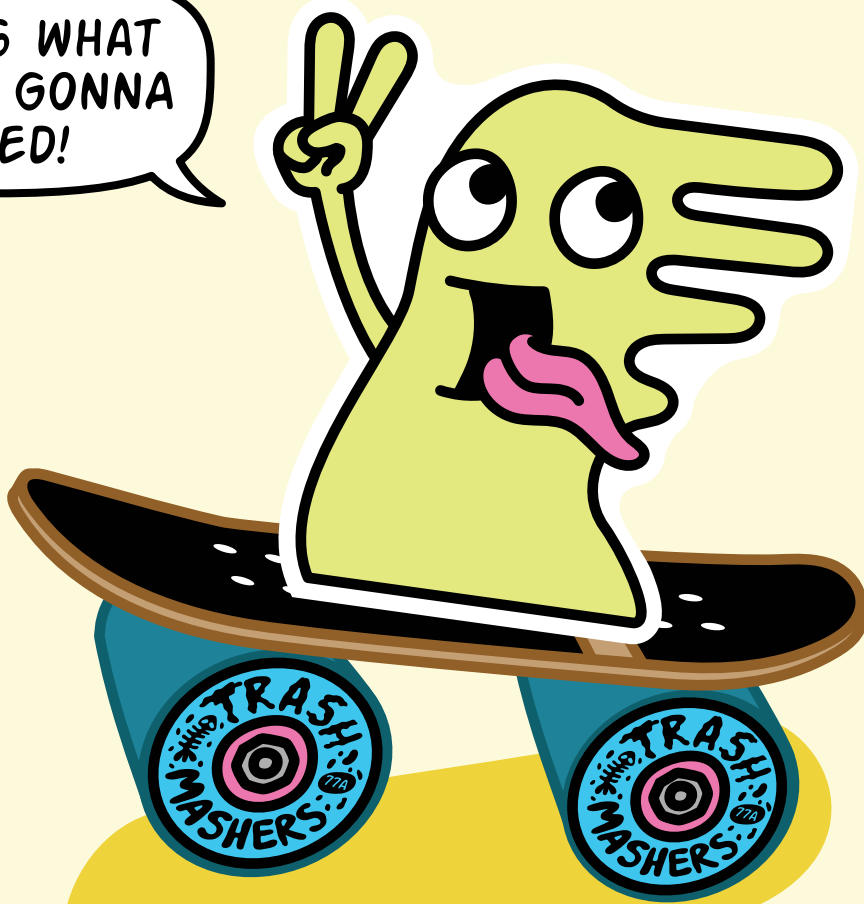
ADD LOADS OF FUN STICKERS.

YOU CAN CUSTOMISE THIS RACIN' CAR HOWEVER YOU LIKE!

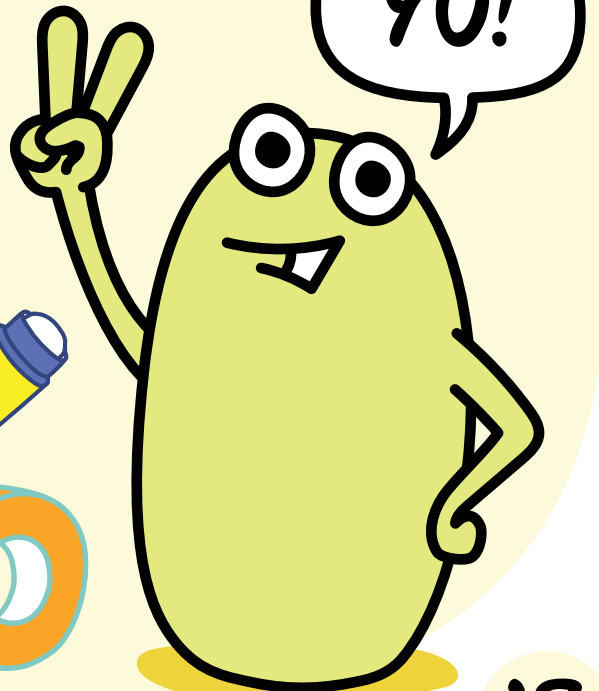
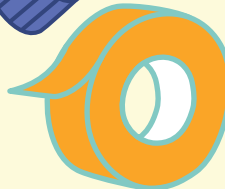
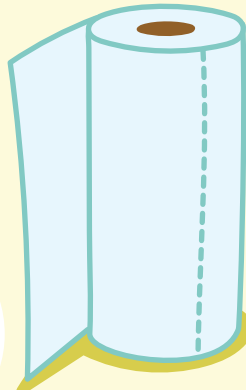
# SKATEBOARD!

PROJECT 003

HERE'S WHAT YOU'RE GONNA NEED!



SKATEBOARD STICKER SET



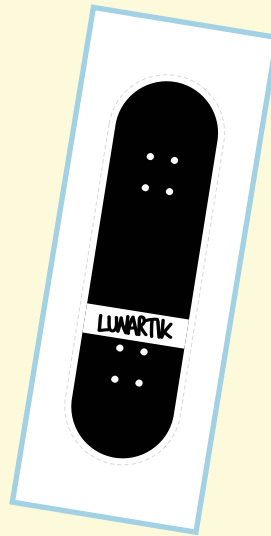
1

## MAKING THE SKATEBOARD DECK

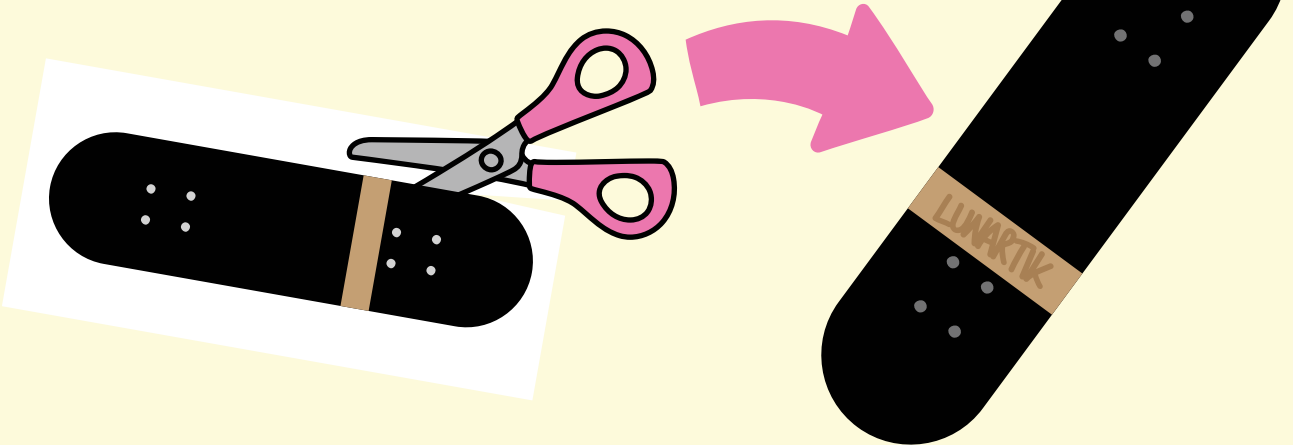
ROUGHLY CUT OUT THE SKATEBOARD DECK.

STICK IT ONTO THE CEREAL BOX STYLE CARDBOARD.

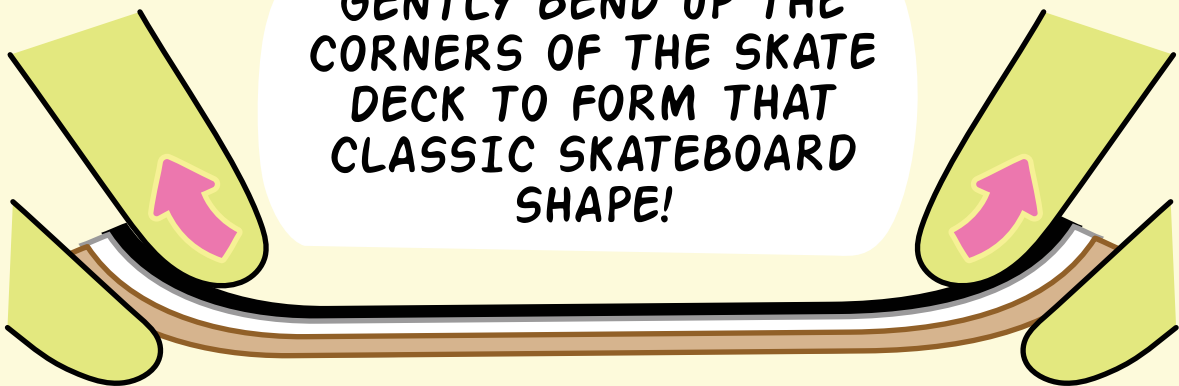
THEN PRERECISELY CUT IT OUT!



CUT OUT THE STICKER AND IT'S READY TO GO!



GENTLY BEND UP THE CORNERS OF THE SKATE DECK TO FORM THAT CLASSIC SKATEBOARD SHAPE!



2

## WHEEL MAKING



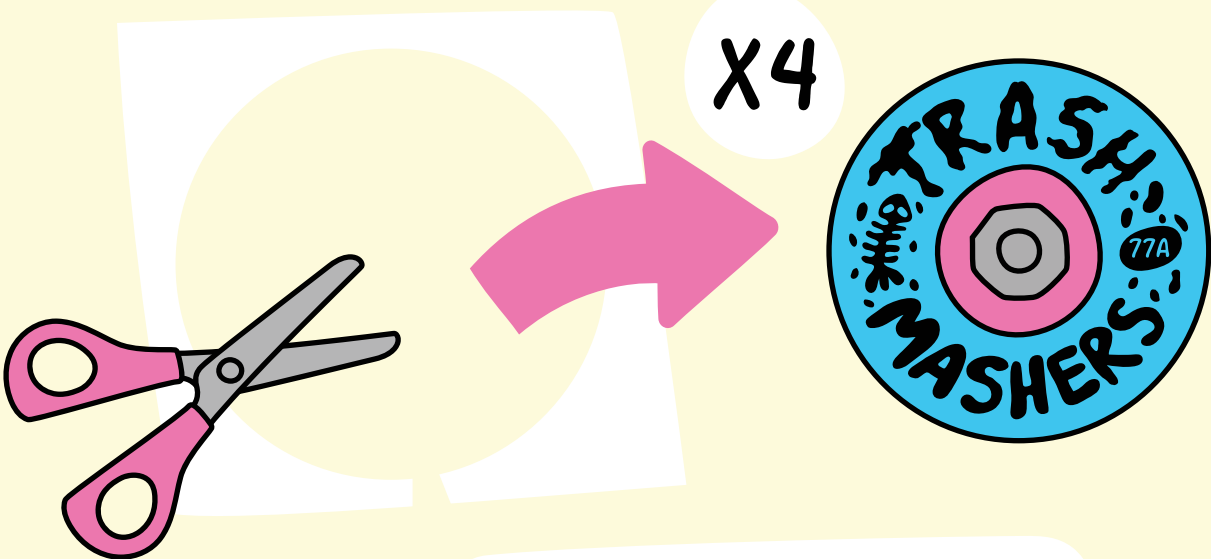
TAKE A TUBE AND CUT IT IN HALF MAKING TWO WHEELS, THE TUBES WILL NEED A LITTLE RESHAPING.

PAINT YOUR TUBES. THE COLOUR SHOULD MATCH UP WITH THE WHEEL STICKERS!



3

## COLOUR IN AND CUT OUT THE WHEEL STICKERS



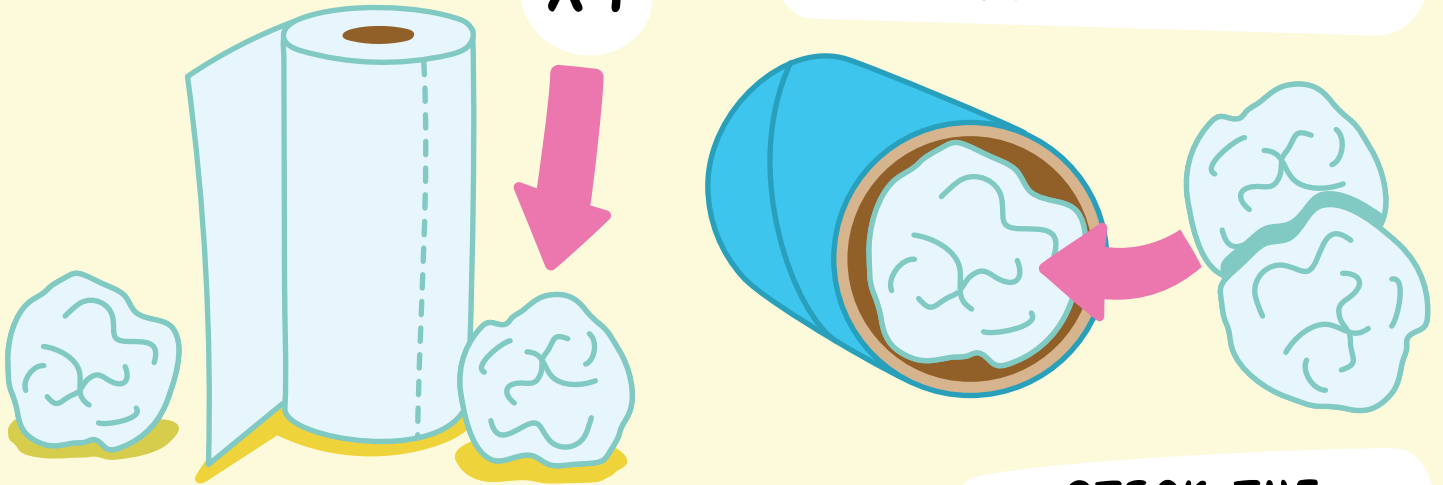
COLOUR THE STICKERS, AND CUT THEM OUT.

4

## MAKING THE WHEELS

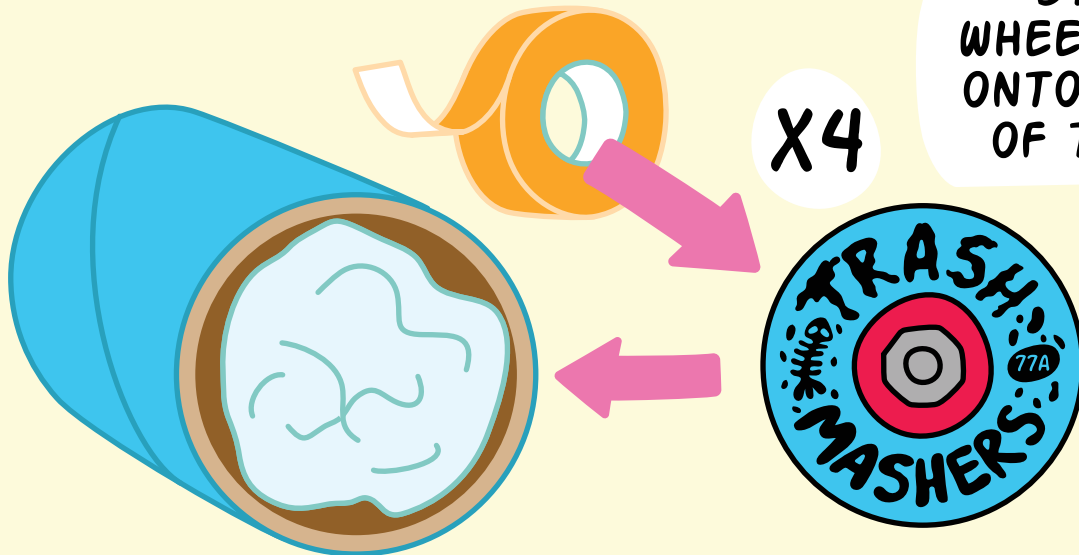
ROLL-UP TISSUE PAPER AND STUFF IT INSIDE THE TUBES TO MAKE STICKER SUPPORTS!

X4



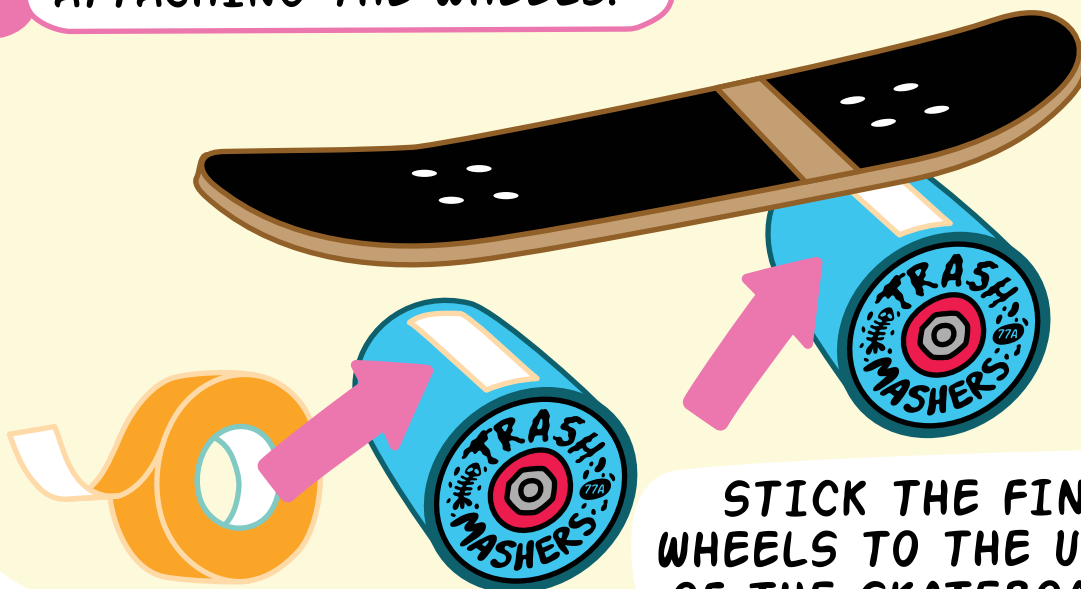
STICK THE WHEEL STICKERS ONTO BOTH ENDS OF THE TUBES!

X4



4

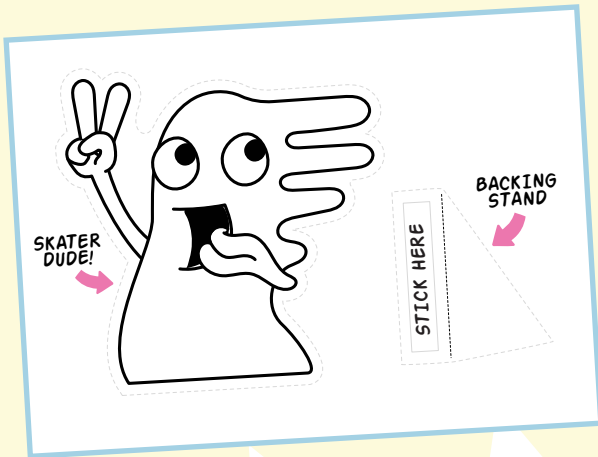
## ATTACHING THE WHEELS!



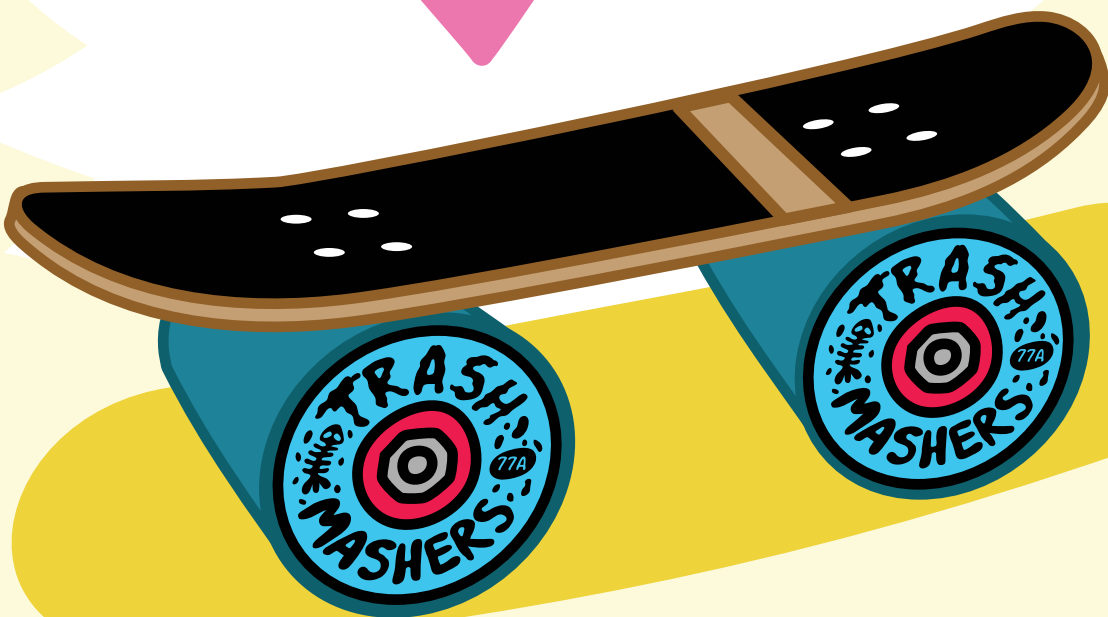
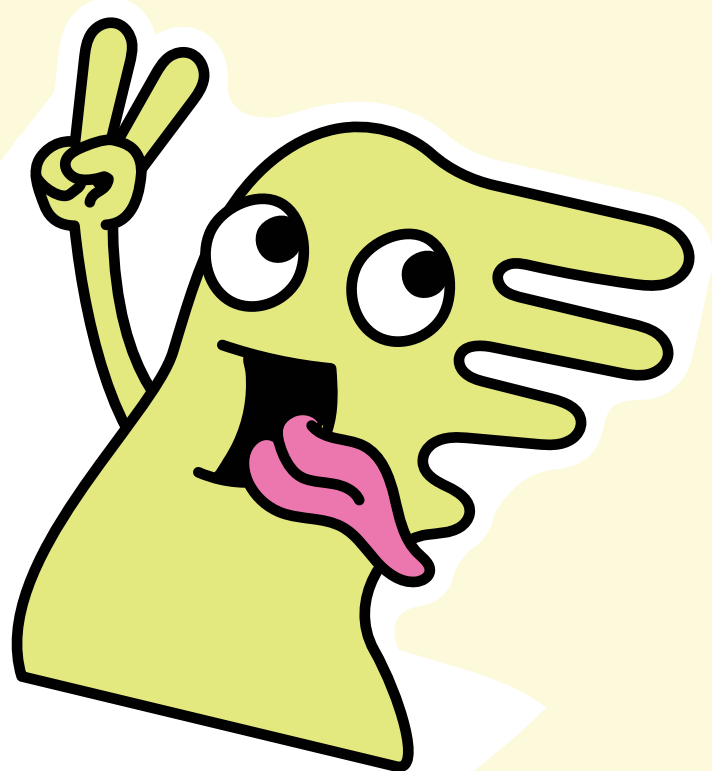
STICK THE FINISHED WHEELS TO THE UNDERSIDE OF THE SKATEBOARD DECK!

5

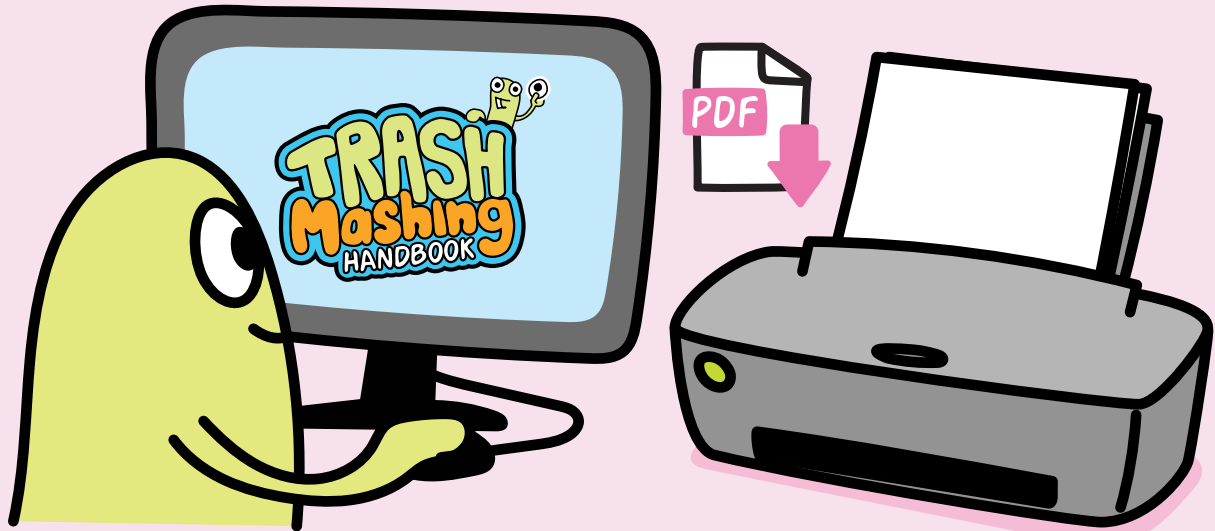
COLOUR, CUT OUT + ADD THE RIDER!



GO TO THE RIDER STICKER SHEET AND FOLLOW THE SIMPLE INSTRUCTIONS. YOU SHOULD HAVE A RIDER IN NO TIME!!



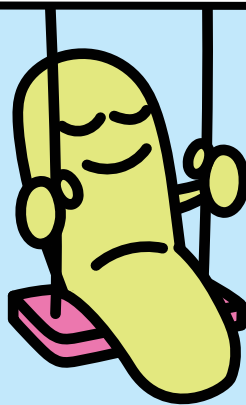
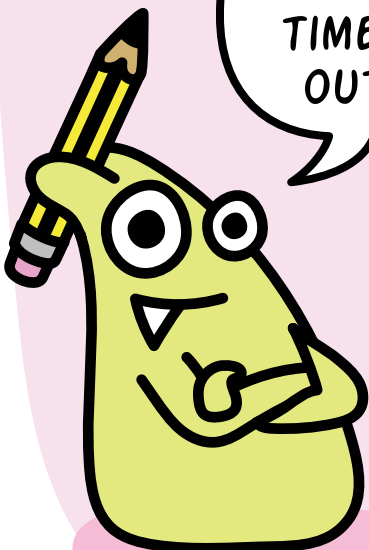
# DOWNLOADS



IF YOU WANT MORE STICKERS GO TO:  
[WWW.LUNARTIK.COM/TRASHMASHING](http://WWW.LUNARTIK.COM/TRASHMASHING)

# BREAK TIME

EVERY **TRASH MASHER** DESERVES SOME TIME OUT. WHY DON'T YOU GET YOURSELF OUTSIDE AND GO AND HAVE SOME FUN!



PLAY IN THE PARK

GO SWIMMING

# STICKERS

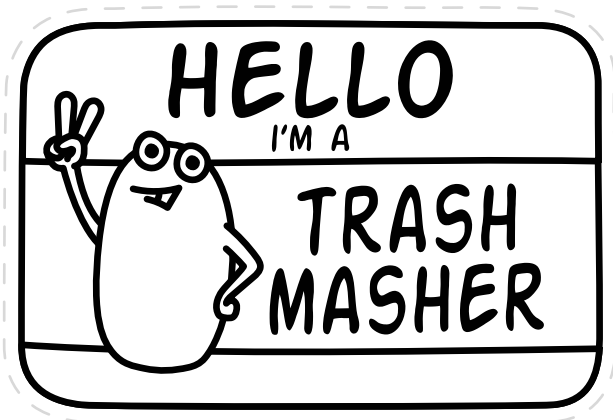
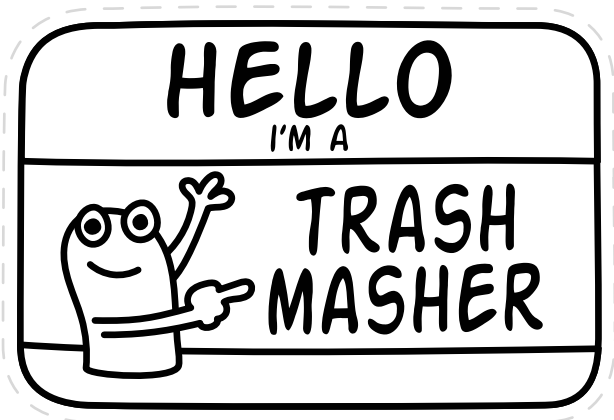
HERE ARE THE STICKERS FOR THE THREE PROJECTS FEATURED IN THIS HANDBOOK. COLOUR THEM IN WITH PENCILS AND USE SCISSORS TO CUT THEM OUT. STICK THEM ON WITH GLUE.

KEY:

FOLD -----  
CUT -----



TOP TIP:  
CUT ALONG & AROUND  
THE DOTTED LINES!



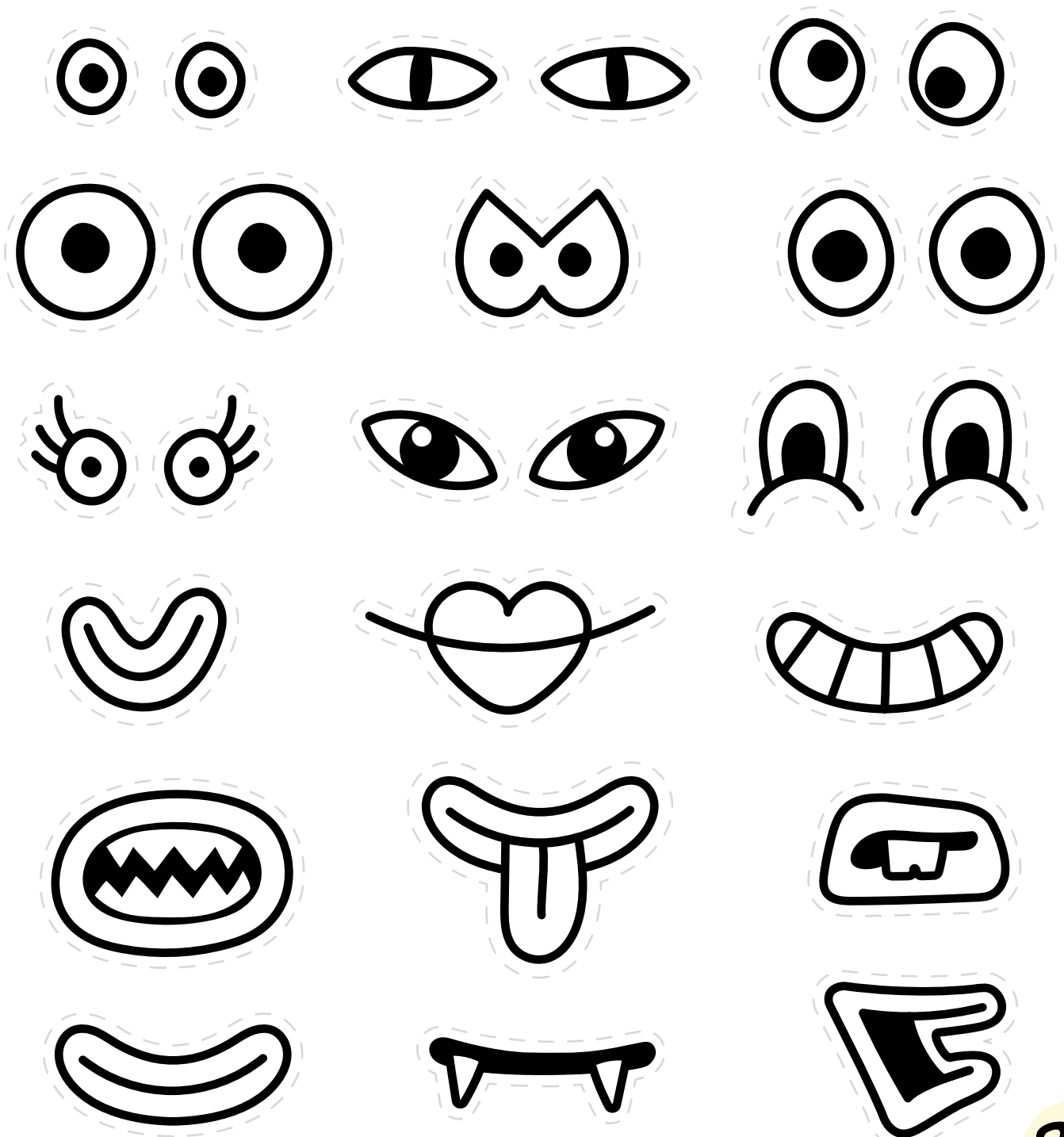
TRASH MASHING BADGES - CUT THEM OUT AND STICK THEM TO YOUR CHEST USING DOUBLE SIDED TAPE!



# SILLY TUBES

## STICKER SET

COLOUR IN THESE STICKERS WITH PENCILS.  
CUT THEM OUT AND STICK THEM ONTO YOUR PAINTED  
TUBES WITH GLUE. MIX AND MATCH AS YOU LIKE!

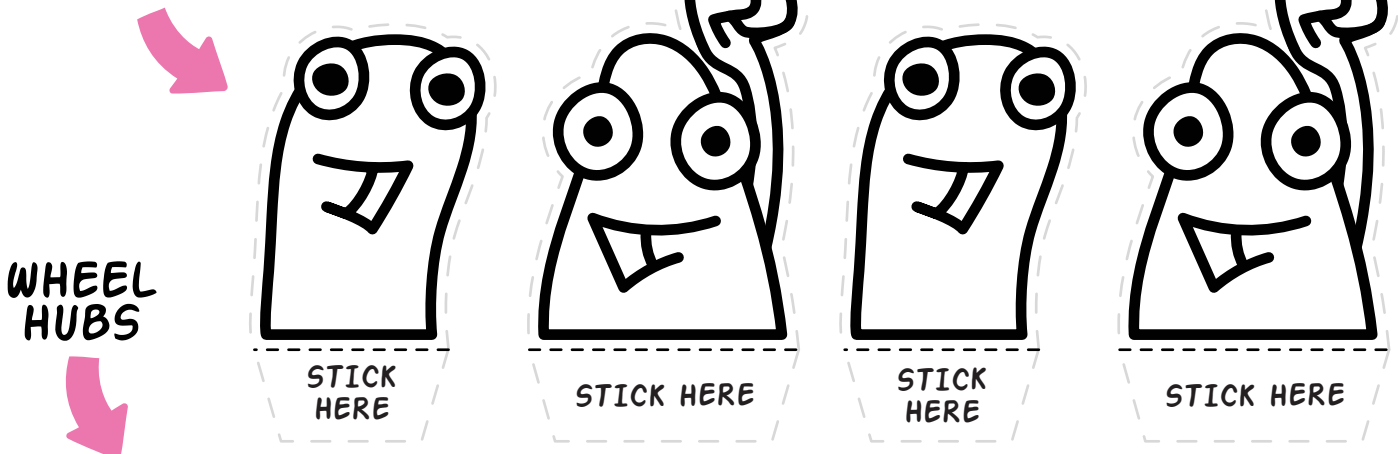


# RACIN' CARS

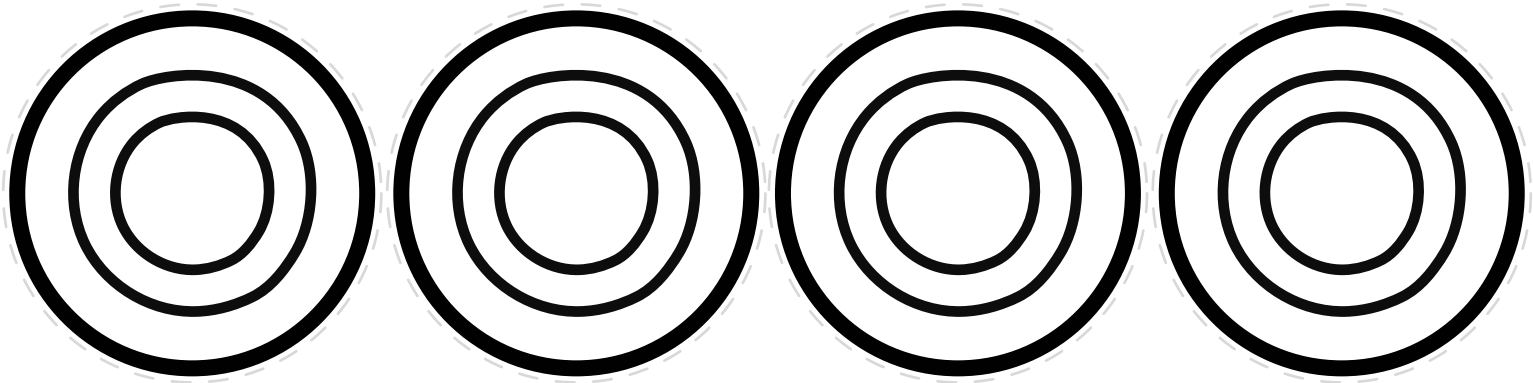
## STICKER SET

COLOUR IN THESE STICKERS WITH PENCILS.  
CUT THEM OUT AND STICK THEM ONTO YOUR PAINTED  
RACIN' CARS.

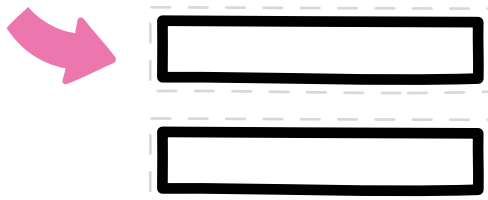
### PASSENGERS



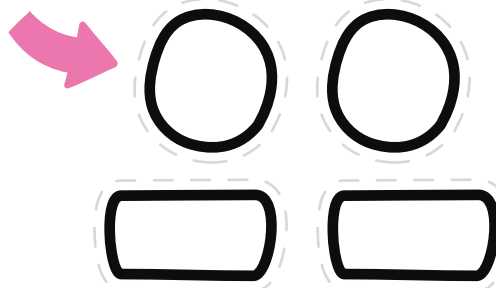
### WHEEL HUBS



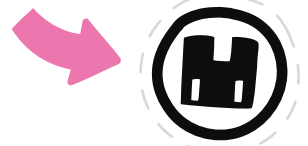
### NAME PLATES



### FRONT & BACK LIGHTS



### LOGO BADGE

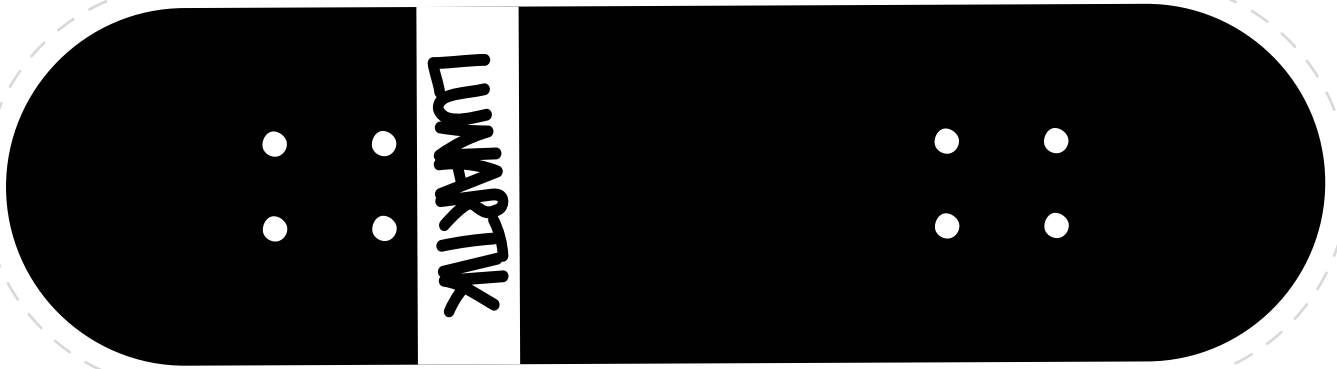
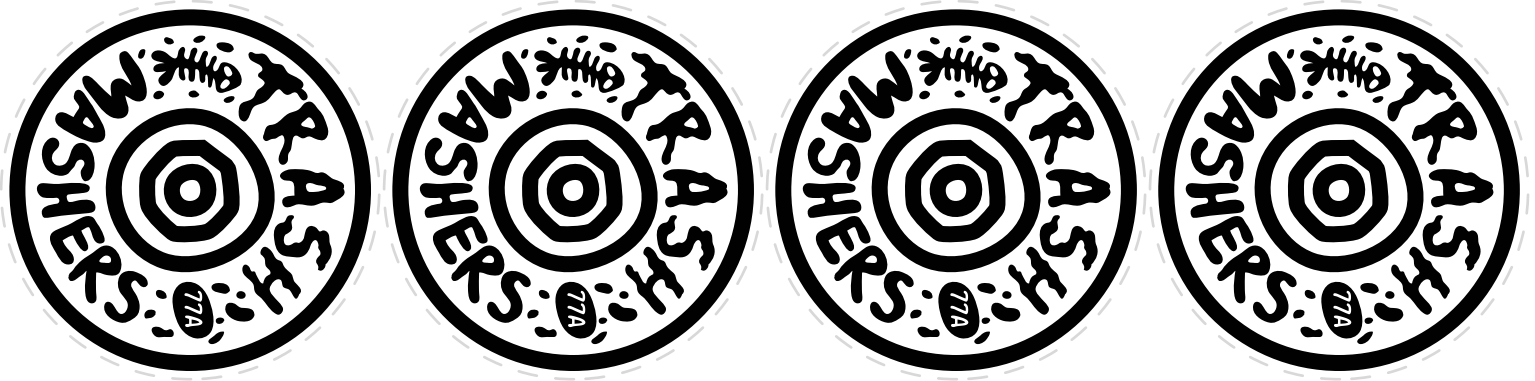


### SIDE FLAMES

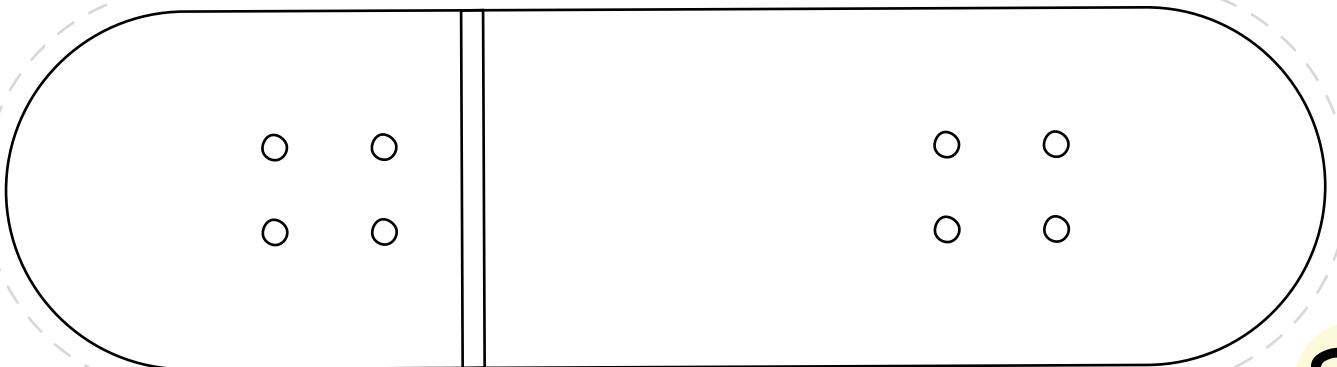
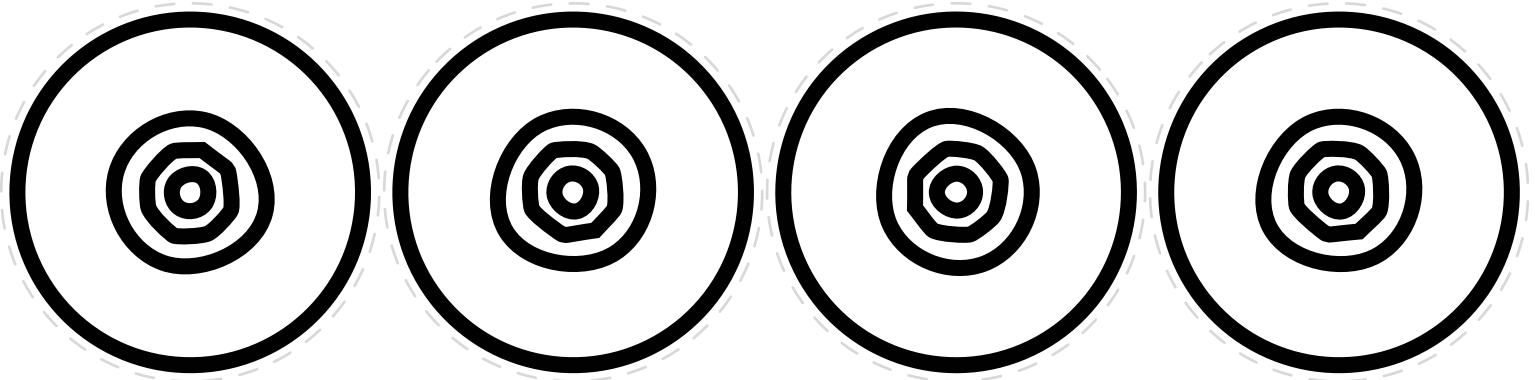


# SKATEBOARD!

STICKER SET



TOP TIP: DESIGN YOUR OWN WHEELS + SKATEBOARD DECK!



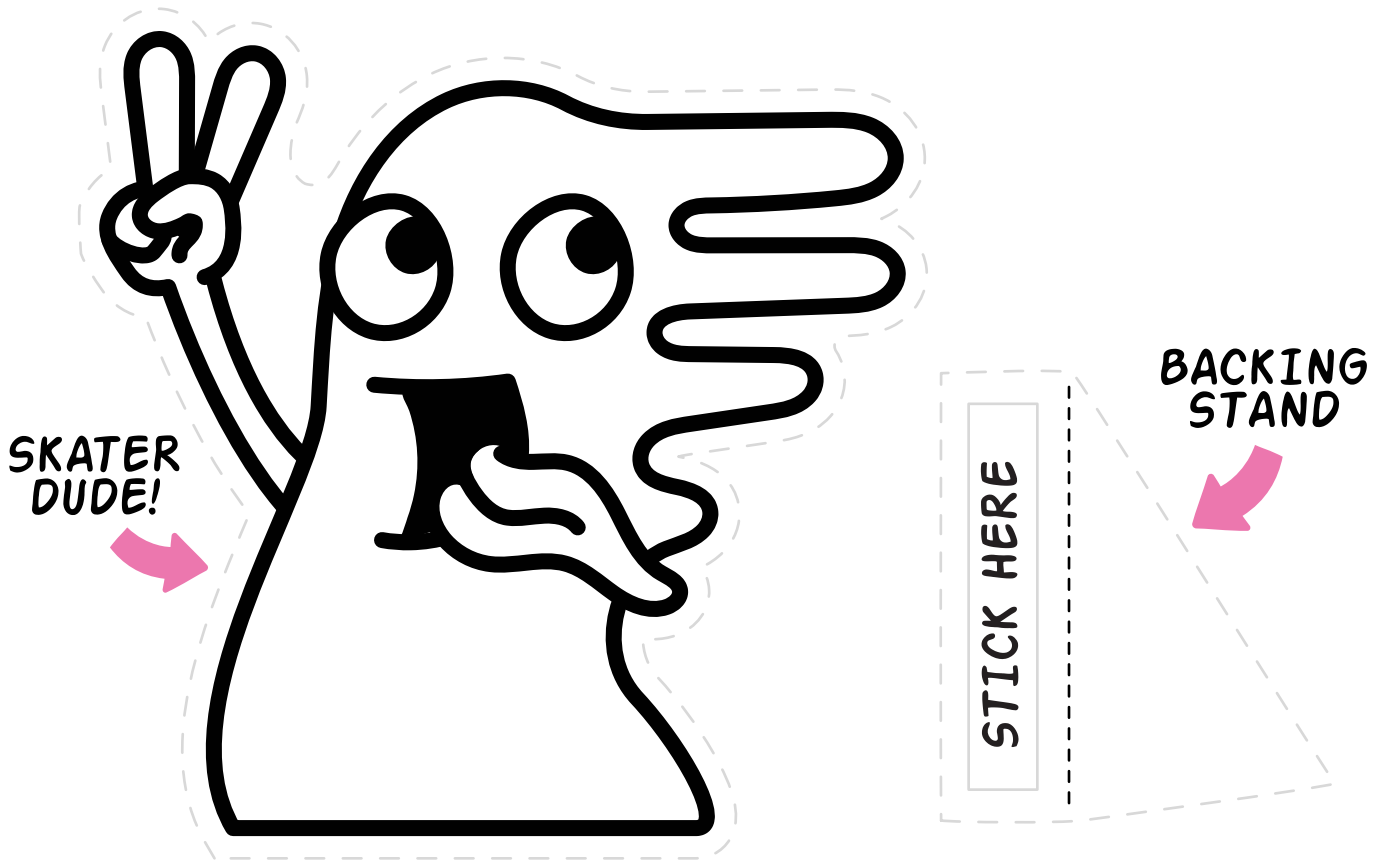
# SKATEBOARD!

## RIDER STAND-UP CHARACTER

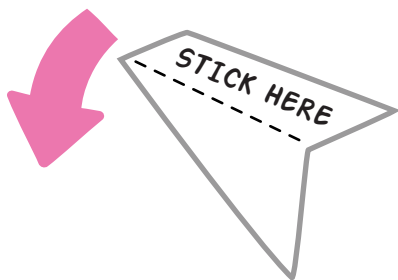
### KEY:

FOLD -----  
CUT - - - - -

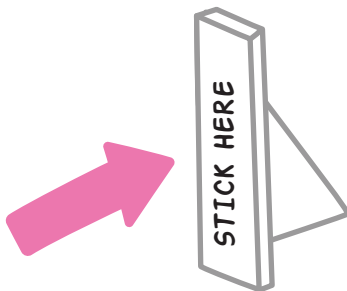
COLOUR THESE STICKERS. CUT THEM OUT ROUGHLY. STICK THEM BOTH ON TO CEREAL BOX-STYLE CARDBOARD AND THEN CUT THEM OUT PRECISELY.



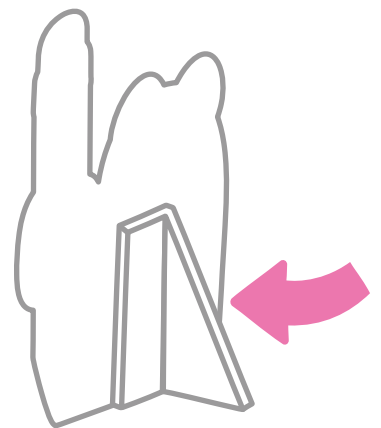
### BACKING STAND INSTRUCTIONS:



1 CUT OUT AND FOLD OVER



2 ADD GLUE OR DOUBLE SIDED TAPE



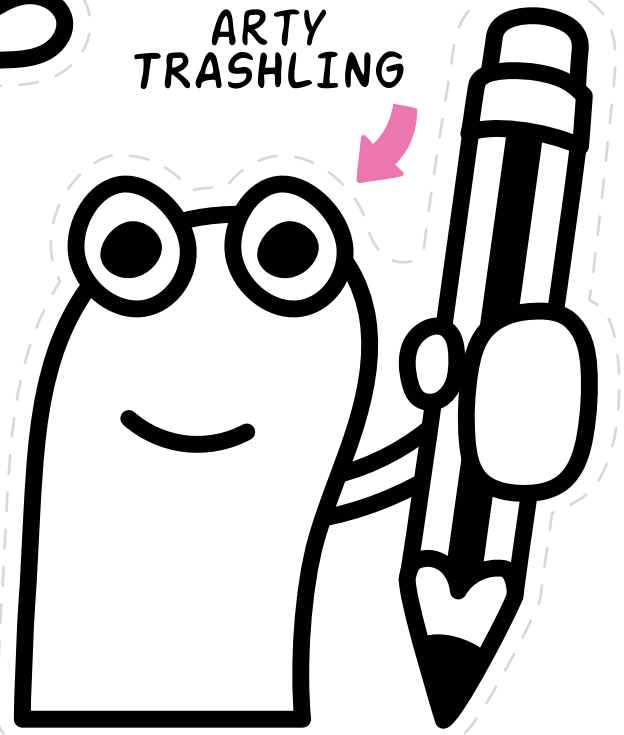
3 ATTACH TO BACK OF SKATER DUDE

# TRASHLINGS!

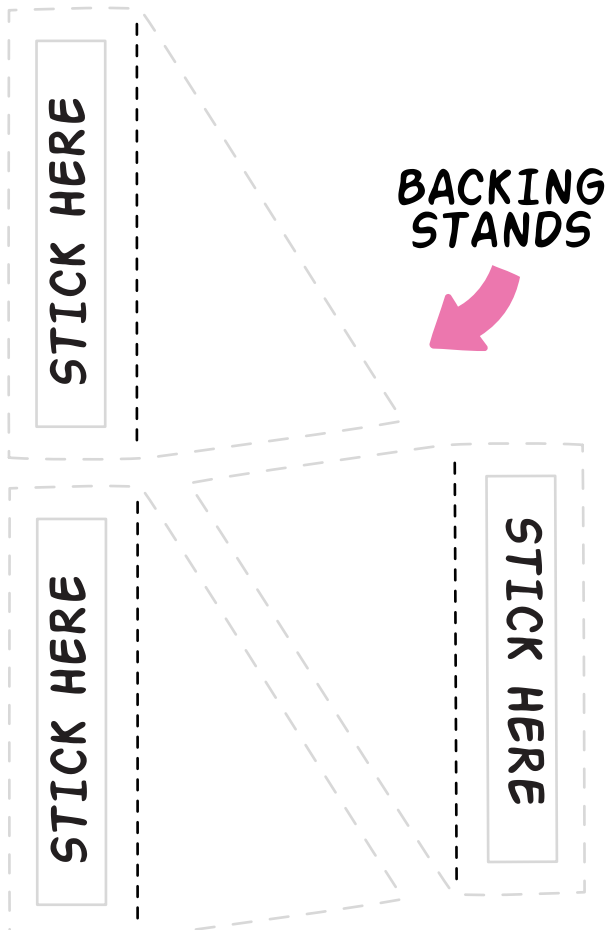
STAND-UP CHARACTERS



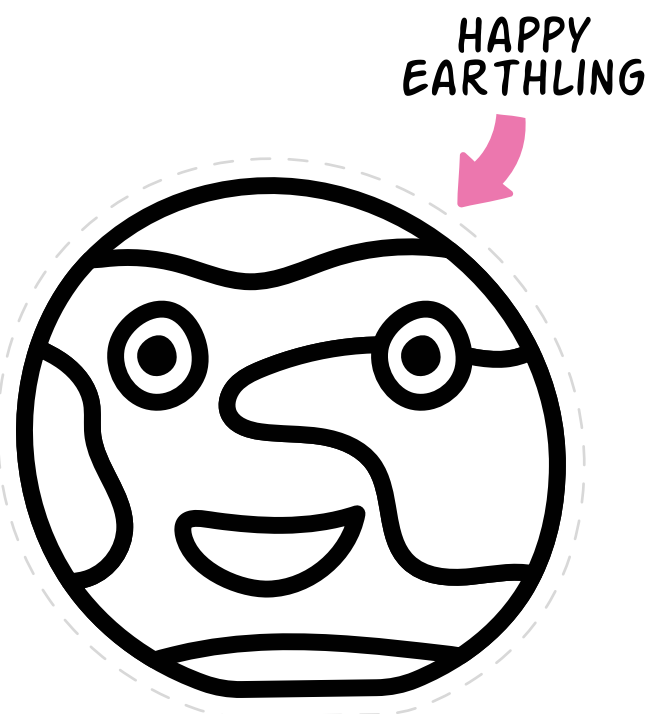
HAPPY TRASHLING



ARTY TRASHLING



BACKING STANDS



HAPPY EARTHLING

ES OF  
RN

FLAKES OF  
COOK



GET  
SUFFOLK  
READING



THIS ACTIVITY BOOKLET HAS BEEN DEVELOPED BY LOWESTOFT-BASED ARTIST MATT JONES FOR GET SUFFOLK READING AND FUNDED BY THE HOLIDAY ACTIVITY AND FOOD PROGRAMME, WHICH HAS BEEN FUNDED BY THE DEPARTMENT OF EDUCATION.

GET SUFFOLK READING INSPIRES FAMILIES ACROSS THE COUNTY TO READ TOGETHER AND HELPS PARENTS TO SUPPORT THEIR CHILDREN'S LITERACY SKILLS.

TRASH-MASHING IS A GREAT WAY TO ENCOURAGE YOUNG PEOPLE TO ENJOY READING AND CREATING. READING FOR PLEASURE CAN INVOLVE ANYTHING, FROM FICTION, POEMS, COMICS OR FACT BOOKS TO RECIPES AND INSTRUCTIONS!

CREATING A TRASH-MASH FROM EVERYDAY OBJECTS REQUIRES THE ABILITY TO UNDERSTAND THE INSTRUCTIONS IN THIS BOOKLET AND THE CREATIVITY TO MAKE SOMETHING UNIQUE.

GET SUFFOLK READING WOULD LOVE TO SEE YOUR FINISHED TRASH-MASHED CREATIONS. SEND YOUR PHOTOS TO

[GETSUFFOLKREADING@LITERACYTRUST.ORG.UK](mailto:GETSUFFOLKREADING@LITERACYTRUST.ORG.UK)

OR VIA OUR FACEBOOK PAGE  GETSUFFOLKREADING

3+

NOT SUITABLE FOR CHILDREN  
UNDER THREE YEARS OF AGE.  
ADULT SUPERVISION REQUIRED.

OH YEAH!



[LUNARTIK.COM/TRASHMASHING](http://LUNARTIK.COM/TRASHMASHING)

LUNARTIK®