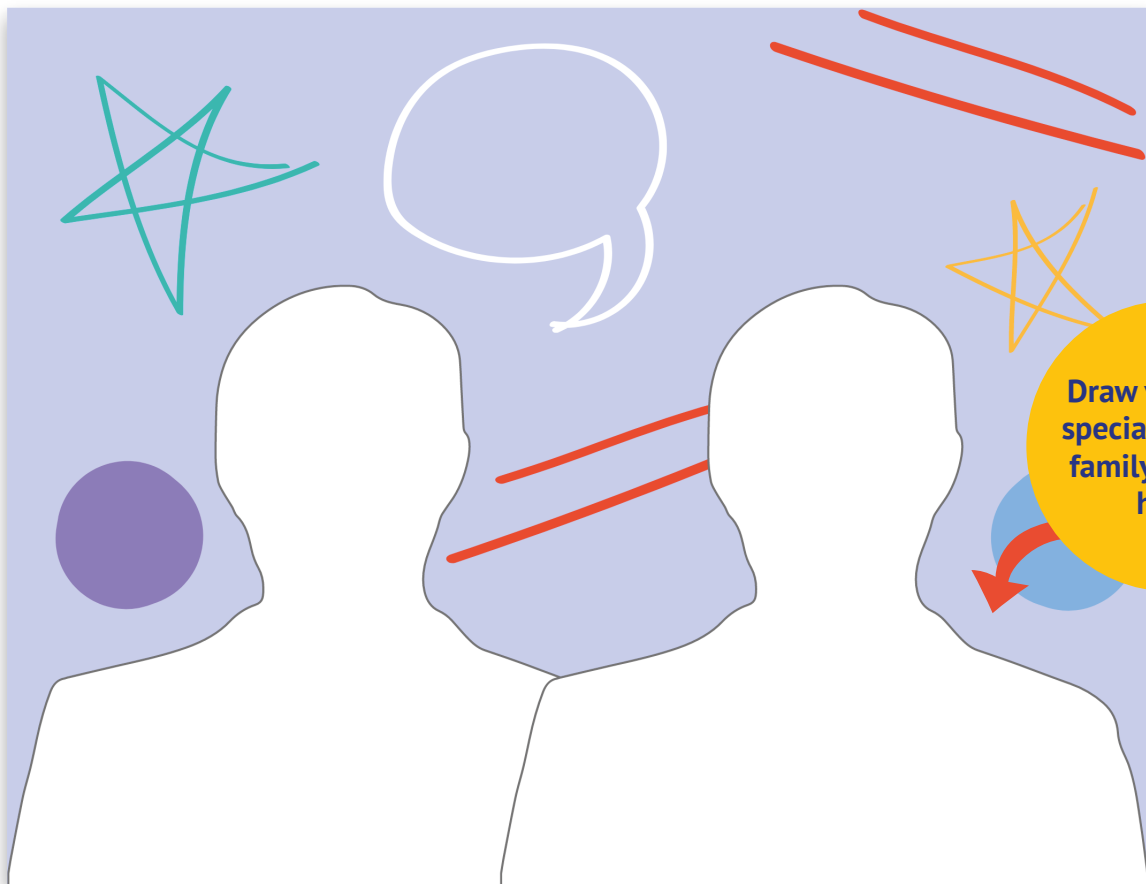


Write your name here

Stories weekly with



Draw you and a special friend or family member here!

A new podcast series from _____ (insert your name), exploring the stories and experiences of their friends and family. Delve into a world of memories, family history and traditions with the first episode



"A rising new voice in the podcast world – they're one to watch!"
BBC Sounds

4.9 ☆ (15.9k)
Spotify

"This podcast takes listeners on a special journey into the stories of 2023 – showing how important it is to share our experiences with others"
Vulture

Welcome to a world of podcasts

Over the next few pages you will learn about the world of podcasts.

Podcasts are easy to listen to, can keep you entertained on the way to school and help you relax after a busy or stressful day.

Whether you are interested in football, gaming, music or fashion, there is something for everyone! There's a world of stories at your fingertips and all you have to do is press play.



Become a podcaster

Making a good podcast is about finding a good story. By interviewing friends and family, you will learn more about the special people in your life and how you can turn their stories into a podcast series.



Finding inspiration

Many podcasts have professional hosts and are made in studios with lots of technical equipment. But that doesn't mean you have to be an expert to give it a go! All you need is something to record on and a friend or family member willing to tell their story.

To find some inspiration, we suggest doing a bit of fun research and listening to some podcasts. Think about the way the presenter interviews their guests and the types of questions they ask.

We've suggested three podcasts to try but you could always choose a different one.

You can write down your thoughts in the review boxes.

If you have a smartphone, you can listen to free podcasts on apps like iTunes, Spotify, BBC Sounds, Podbean and Audible. You can also use YouTube!





Listen now

Cultureverse

Episode: *Mami Wata*

Cultureverse is an immersive audio drama that celebrates our collective cultural past. It is a place where myths and legends come alive in the modern world.

‘In this episode of our cultural adventure series, Dwayne, Obi, and Tiffanie encounter an ancient Pan African water spirit called Mami Wata.

This story is inspired by the Pan-African folktale of the Mami Wata, a water goddess known for protecting seaside towns by sending fishermen calm waters. Africans who were displaced from their continent believed that the Mami Wata guided and protected them as they were taken to the West.’

Goodnight Stories for Rebel Girls

Episode: *The Young Changemakers*

A fairy tale podcast for kids about real life extraordinary women from all over the world.

‘Explore four different stories about Rebel Girls who followed a shared passion. Each of these Young Changemakers faced different challenges, but they’re connected to each other by their rebel spirit and vision.’



Listen now



Listen now

Sports Squad

Episode: *Nic Hamilton on overcoming disability, bullying and racism*

Sports Squad is all about staying fit and active! Presented by Ayo Akinwolere and teenager Chanel Kakareko, the show’s packed with inspiring interviews with sports personalities and activities you can do to keep active whilst you’re stuck at home.

‘Nic Hamilton - brother of Lewis Hamilton - tells Ayo and Chanel how he’s overcome a disability, bullying and racism to become a top racing driver.’



Check out our free how-to videos to help your podcast creation! Look out for the QR codes on each page

Write a podcast review

Complete a review about what you liked and learned from one of the podcasts you listened to:

What was the podcast about?

Did you find it interesting? Was it easy to follow?

What did you learn? (Name two things)

1.

2.

What did you like about the host or interviewer?

Is there anything that could be improved about the podcast?

Would you recommend it to a friend? Why?

How many stars would you give this podcast?



Use the podcast to start a conversation! Chat to a friend or family member about it and share something you learned from it

My podcast plan

Podcast tip video

Interviewing a family member



Pick someone in your family or community to interview for your podcast episode or series. You might like to ask them if they are happy to have their story told!

Think about the journeys they have been on and experiment with sharing one of these through sound and audio.

To help you start the interview, here are a few questions which you might like to ask your chosen person about their personal journey and life experience.

Can you introduce yourself?

What do you know about your name?
Do you know why it was chosen
or whether it means something in
another language?

Who do you look up to?

Are you similar to any of your family members? For instance, do you like the same food as your grandfather or are you good at sport like your sister?

Can you describe a journey you have been on or a challenge you have overcome? What made it difficult or rewarding?

Did this experience teach you anything?

This activity is a great way to get to know your friends and family, while developing your writing habits, and listening skills. Try filling out the information below to capture your guest's life story – or 'journey'.

You might want to explore a physical journey like growing up, moving house or country, or a lesson learnt from an experience!

Name(s) of podcast host(s)

Please include the first name, first letter of surname, and age of all entrants involved:

Who will be a guest on your podcast?

What will you ask your guests about? What will their answers be?

In two sentences or less, describe your podcast.

Making your podcast

Podcast tip
video

How to record a
podcast episode



Once you have chosen your guest and planned your interview questions, it is time to start recording your first episode! It would be helpful to have your questions on flashcards or a single sheet of paper – nothing where you have to turn a page noisily!

You will need:

- A smartphone or other recording device

Method:

1. Open a 'voice memos' or 'voice recorder' app on your phone. You can also download a voice recording app such as Voice Recorder & Audio Editor on an iPhone, Easy Voice Recorder or Smart Voice Recorder on Google Play
2. Click 'record' to begin a new recording
3. Point the bottom of the recording device (or wherever the microphone is positioned) towards the person who is talking
4. If you want to check the recording is working, try asking your subject what they had for breakfast
5. Press 'stop' when you want to pause it
6. Tap 'new recording' to rename it
7. Tap 'play' to listen back and 'edit' to shorten it



Podcast tip video

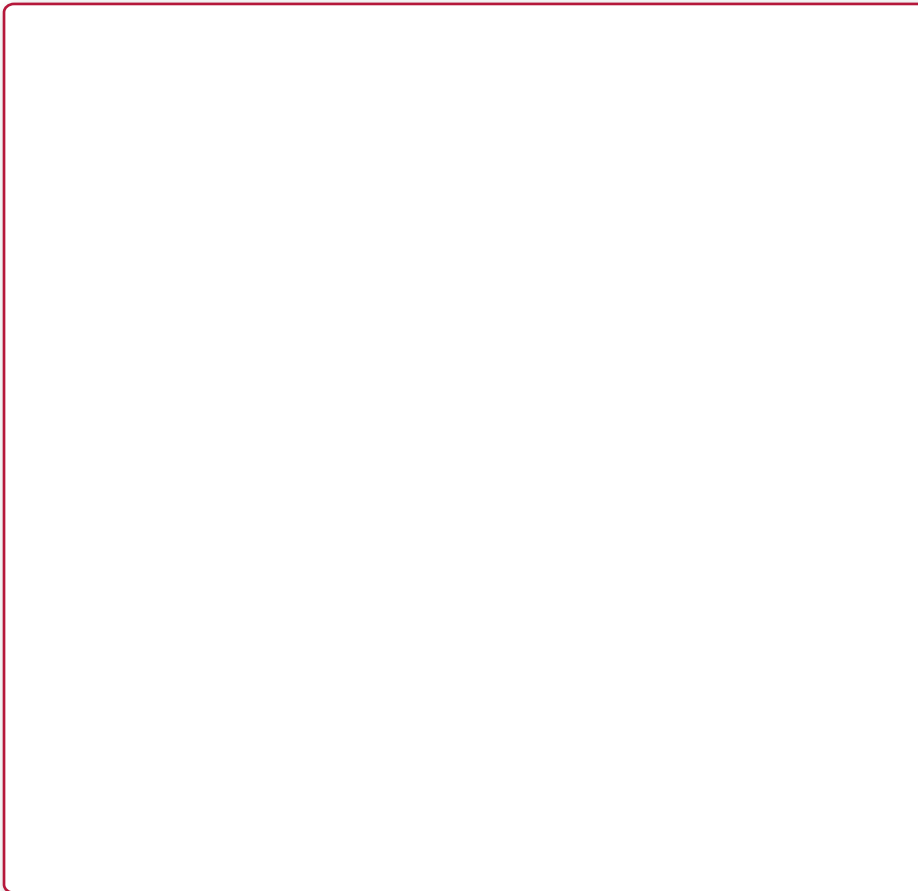
How to host a
story exchange



Host a story exchange

Now you have created your very first podcast episode, ask your guest to listen back to the recording and give it a review. Once they've listened, you could switch roles and they can interview you!

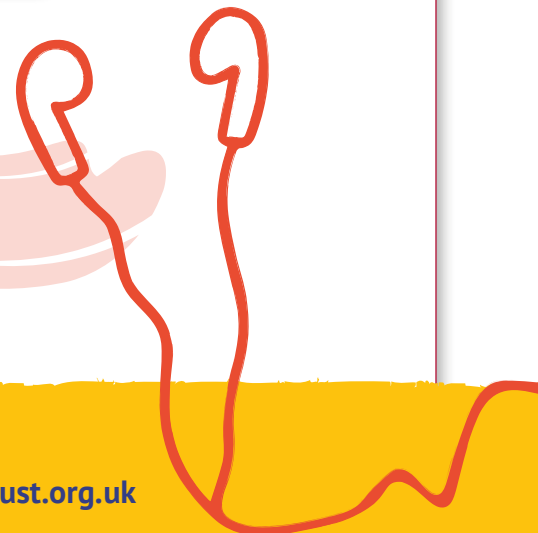
This is a great way to compare memories, experiences and the journeys you have been on.



Draw your podcast
cover here!



Is your podcast episode five stars?



Change the text below to send to getsuffolkreading@literacytrust.org.uk
for a chance to get your recording shared on our social media!