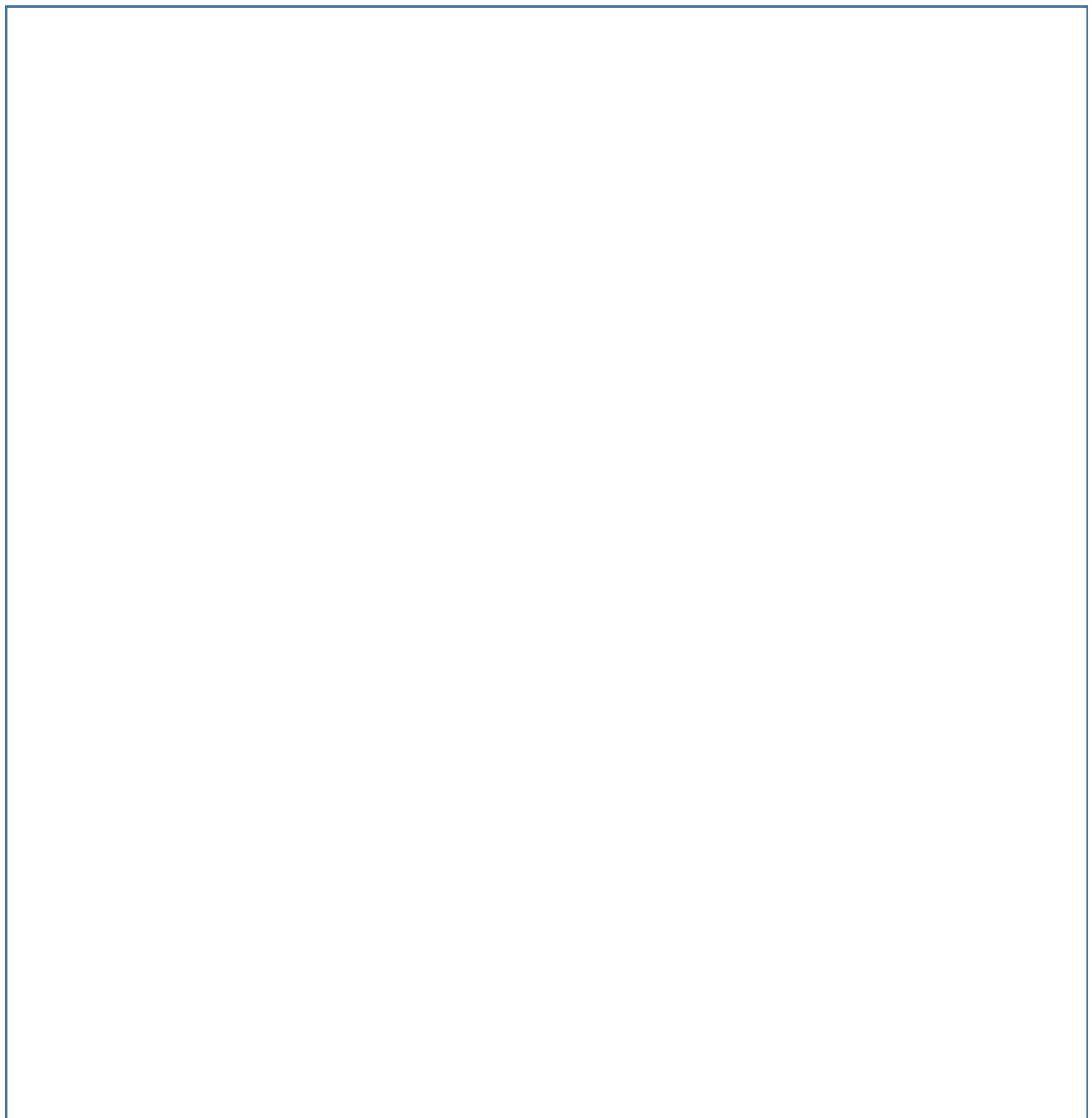




# The Book Olympics

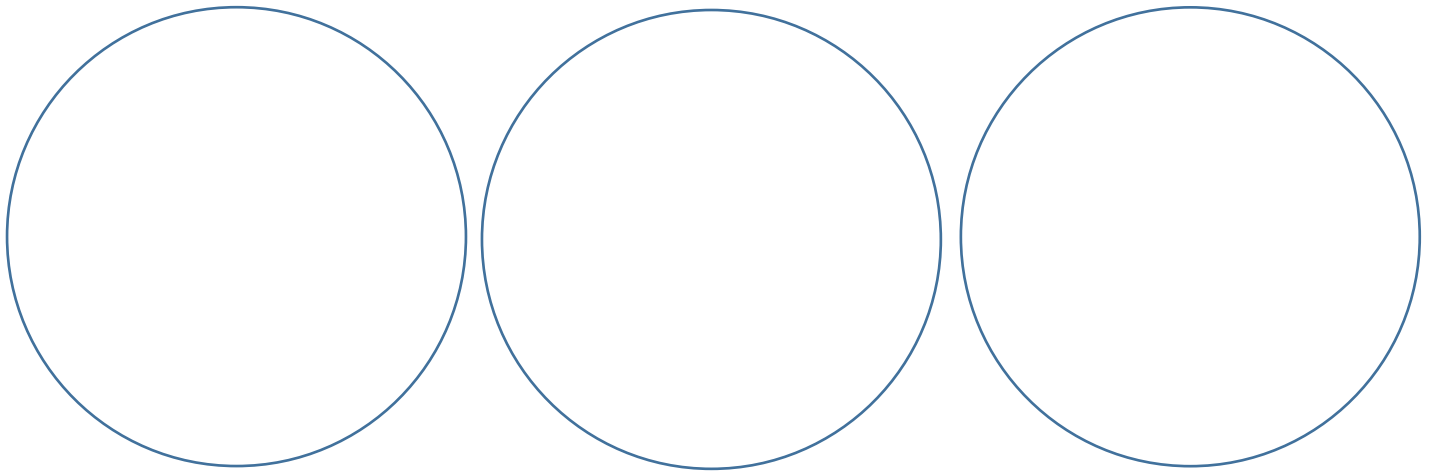
## Step 1: Design and cut out your team flag

Turn this page around so it is landscape, then create a flag in the box below to represent your team at the Book Olympics!

A large, empty rectangular box with a thin blue border, intended for a child to draw and design their team flag for the Book Olympics.

## Step 2: Create your medals:

Using cardboard (such as from an old cereal box), cut out some circles. To make it easier, you could stick this piece of paper to the card, and cut out the circles below.



Wrap your circle of card in tin foil. Then, using a hole punch, make a hole in each medal and then thread through a ribbon. Tie the ends of the ribbon together to complete your medal.



Finally, use different colour marker pens to design your medal.



## Step 3: The Events

You are now ready to begin your events. At the end of each event, make sure you host your own podium ceremony and award medals. You could even play your favourite song as your anthem and wave your team flag to celebrate your win! You will need:

- A stopwatch
- A pen
- A piece of paper
- A book
- Some music

### Event 1: The Book Sprint

Taking it in turns, balance a book on your head and race from one end of a room to the other and back again. You must touch the wall at both ends of the room. The person to do it fastest, without the book falling from their head, wins.

### Event 2: The Triathlon

Pick a sentence from a book. The challenge is to write that sentence in the fastest possible time. The sentence must be clear enough for someone in your home to read it.

Now who is the fastest writing with their other hand. Again, it must be possible for someone in your home to read it.

Finally, try writing with a pen between your toes!

### Event 3: The Closing Ceremony

Read a page of your book out loud whilst dancing. The most unusual dance wins! Get someone in your house, or perhaps a friend or relative on a video call, to judge the winner.

**Now create your own Book Olympic events.**